



2011-12

# Arts Day Outreach

***Bringing creative and stimulating workshops in dance, drama, history, music and visual arts to your site***

Let the Arvada Center bring the arts to you. We offer more than 50 different fun, hands-on programs in the visual and performing arts that will engage, entertain and educate groups of all ages. For small groups choose one or more workshops, or for large groups choose a participation play or performance that involves your entire group.

Our small group, one-hour workshops are designed for up to 30 participants, include all materials and supplies, and can be customized for any age group. Our large group participation plays and performances are perfect for groups of 75-200 or more.

With prices starting at just \$125 and discounts for Title I schools, students with disabilities and for scheduling multiple programs, Arts Day Outreach offers an affordable way to bring the arts to your group.



## Outreach Workshops

- A one hour experience with the arts, customized for any age group
- Up to 30 participants per each workshop
- Includes:
  - An artist/facilitator who will come to your location to teach the workshop
  - All materials and supplies
- Fee: \$125 (\$100 Title I/ADA) per workshop. Receive a 15% discount when you schedule more than one workshop.
- Mileage rates apply to workshops outside a 10-mile radius of the Arvada Center
- Choose one, two, three or more workshops from the list on the following pages.

### ***Responsibilities of the contracting organization:***

- Adequate and appropriate space for workshop. (When selecting a workshop location, please keep in mind that some workshops may be messy and some may be noisy.)
- Tables and chairs, as needed.
- For visual arts workshops, providing access to water.

## Outreach Performances and Participation Plays

- These performance-based events feature talented artists who delight the audience along with offering lots of opportunities for members of your group to get involved.
- 75-200 or more participants per performance.
- Options for any age group
- Includes:
  - A performer / ensemble at your location
  - All materials and supplies
- Fee: \$150-500 per play/performance (Discounts available for Title I / ADA). Receive a 15% discount when you schedule more than one performance.
- Mileage rates apply to workshops outside a 10-mile radius of the Arvada Center.
- Choose one or more performances from the list on the following pages.

### ***Responsibilities of the contracting organization:***

- Adequate and appropriate space for the performance. A large open space works well. (When selecting a performance space, please keep in mind audience size and that some performances may be noisy.)
- Chairs for older audience members, as needed.

# Arts Day Workshops (suggested grades listed in parentheses)

The Arvada Center offers more than 50 different fun, hands-on programs in the visual and performing arts that engage, entertain and educate groups of all ages. These small group, one-hour workshops are designed for up to 30 participants, include all materials and supplies, and can be customized for any age group. With prices starting at just \$125 per workshop and discounts for Title I Schools, students with disabilities and for scheduling multiple workshops, our Arts Day Outreach program offers an affordable way to bring the arts to your group. Choose from workshops in dance, drama, history, music, and visual arts.

## DANCE

### CREATIVE MOVEMENT (Grade PreK-Adult)

Get Movin'! Participants explore rhythm and music while developing gross motor skills in this fun and up-beat workshop. Participants find ways to express themselves through music and speak through movement.



### DANCE YOUR WAY TO BROADWAY (Grade 4-Adult)

Explore the movin' and shakin' of your Broadway favorites. This workshop introduces participants to rhythm, movement, and basic dance combinations as they work together to create their own Tony Award worthy moves.

### HIP HOP (Grade 4-Adult)

This fun and fast paced workshop introduces participants to the basics of hip hop dancing. Participants explore the dance techniques of lock, pop and glide as well as learn a short choreographed dance from an experienced hip hop dancer.

## DRAMA

### COMEDY IMPROVISATION (Grade 2-Adult)

Laugh it UP! Participants take part in a series of fast-paced comedy skits involving unusual characters and wacky stories. Every student has at least one opportunity to perform in front of the group. This workshop resembles the TV show "Whose Line is it Anyway?" Participants develop self confidence and comic timing as well as strengthen cooperation and listening skills.



### COMEDY IS NOT PRETTY

*Improvisation Workshop (Grade 1-Adult)*  
Professional entertainer, actress, comedian and author, Connie Elstun, has created an inspiring hour of improvisational theater games to increase awareness of the joys of American diversity. By using improvisational comedy tactics in a series of life-skits, participants see how boring our world would be if we were all the same. Learning to embrace and relish differences makes anti-bullying regulations easier to enforce.

### COMMEDIA DEL'ARTE

*Creative Dramatics Workshop (Grade 1-Adult)*  
Who knew observations on life could be this much fun? Commedia dell'arte or the comedy of art is based on the improvisational street theater made popular in Italy in the 16th-18th centuries. In this workshop, students use basic costumes, wigs and props to recreate their own versions of the standardized plots and stock characters featured in this witty and comic style of theater. Students explore movement, voices and history and look for examples of the same characters and plots in present-day entertainment. Skits full of witty dialogue and comic effects are performed for everyone's enjoyment.

### CREATIVE DRAMATICS (Grade 1-Adult)

This workshop of theater games, improvisation, storytelling and movement stimulates imagination and encourages creativity both vocally and physically. From pantomime to team-building exercises, participants learn skills and techniques used by professional actors and storytellers.

### CREATIVE PROBLEM SOLVING (Grade 6-Adult)

Theatrical techniques such as role playing and improvisation are used to encourage participants to look at new ways to solve problems and resolve conflict. A drama coach leads participants in exercises to strengthen listening and communication skills and challenge participants to think outside of the box. Participants become problem solvers and mediators as they supply real life situations and then take on the role of their adversaries, working together in a creative and effective way to resolve conflict.

### GREEK THEATER (Grade 5-Adult)

Make 'em laugh. Make 'em cry. In this workshop, participants learn the history of Greek theater and the difference between a tragedy, a comedy and a satire. They also learn the format of a Greek play. After a brief discussion on the history, participants are given an excerpt from a classic Greek play to perform as a group.

### INTERACTIVE STORYTELLING (Grade K-Adult)

Drama activities to excite imaginations are the foundation of this workshop. Participants listen to a story, discuss elements and themes of the tale, and explore the story through movement and voice.

Choose from African Stories, Native American Tales, Greek Mythology (Grade 5-Adult), and Folk, Fairy and Animal Tales.

### MIME (Grade K-Adult)

Do actions speak louder than words? In this participatory class, students learn the "language" of mime: the moves, the illusions, and how to tell the story. This workshop enhances imagination, coordination, and expressiveness.

### PLAYMAKING (Grade PreK-Adult)

Participants are introduced to acting concepts and terminology through a series of creative activities. Participants are then selected to become actors in an adapted version of one of the plays listed below. Given costumes, props, and a few simple lines, Participants magically bring each story to life. **Plays available for this workshop include:**

- **Snow White (Grade K-3)**  
This participation play is a comic adaptation of the classic fairy tale. The time and place remain the same, but the names and roles of the dwarfs have been changed to set the scene for a hilarious ending.
- **Treasure Island (Grade 3-5)**  
Red the Pirate Queen is the villain in this play in which pirates maneuver to take over the ship and find the buried treasure. This humorous take on the classic tale filled with student produced sound effects including pirate's laughter, the pirate's "ditty" and the wail of the ghost.
- **The Three Little Pigs (Grade K-5)**  
Children use costumes and props as they learn simple dramatic techniques and brainstorm a new ending for their version of this classic tale.
- **Hansel and Gretel's Adventure (Grade K-5)**  
This workshop combines a variety of fairytales including: Cinderella, Little Red Ridinghood, The Gingerbread Man and The Three Little Pigs as Hansel and Gretel set out on an interactive adventure including favorite characters from classic children's literature

### PRE-REVOLUTIONARY AMERICA COMES TO LIFE (Grade 4-8)

Participants reenact events that led to the American Revolution, including the Midnight Ride of Paul Revere, the Boston Massacre, and the Boston Tea Party. They play key figures from the era including Samuel Adams, Paul Revere, and John Adams - and some lesser known figures as well. In this workshop, participants bring American history to life!

### PUBLIC SPEAKING (Grade 4th - Adult)

Kick your stage fight to the curb. Students learn warm-ups, vocal techniques and performance exercises and key elements to creating a powerful and memorable speech. Learn ways to keep your audience's attention and use your movements and voice to help your confidence and success in public speaking.

### SHAKESPEARE'S STAGE (Grade 4-Adult)

"All the World's a Stage." Participants explore Shakespeare's world in this acting workshop that combines literature with the performing arts. Fun tongue twisters from *Hamlet*, fairy scenes from *A Midsummer's Night's Dream*, and acting games give participants a brief look at this famous playwright.

### TOP SECRET MAGIC I (Grade K-5)

Presto - Alakazam! Participants discover the world of magic as they learn how to make it happen. Professional entertainer and magician Connie Elstun amazes participants with magic, math, a bit of history and a whole lot of fun! In this interactive workshop, participants receive hands-on lessons including a variety of magic tricks such as balancing a cup on the rim of a paper plate, changing the length of a yarn snake, and training a pet rubber band.

### TOP SECRET MAGIC II (Grade 6-Adult)

Did you ever wonder where the art of magic came from? Professional magician and entertainer Connie Elstun, offers a whirlwind tour of the history of magic, revealing its origins and recreating what it would have looked like in the mid-1800's. Students learn how a magician thinks and are given hands-on magic projects to accomplish. They receive a "magic kit" of small common objects that they learn to turn into extremely convincing effects. Warning: some of this workshop is not for the faint of heart.



## HISTORY

### JOURNEY WEST (Grade K-5)

In this participation play, participants experience history by engaging in pioneer activities. Participants venture back in time, interacting with a drama coach to perform short skits that bring to life the trials and triumphs of pioneer families who settled the West.

### MYSTERY OF REBEKAH (Grade 1-4)

The mystery of history comes alive when students engage in hands-on pioneer activities. This interactive presentation takes place in the Arvada History Museum's Haines family cabin built in 1864. Rebekah, a girl from the 1800's suddenly appears to reclaim her personal property and offers a first hand look at pioneer life through stories, games and artifacts.

### PIONEER TOYS (Grade 1-5)

Playtime - pioneer style. In this workshop, participants explore what life was like for children in pioneer times, learning that even though there was little time for play, children on the prairie made their own toys. Participants then make their own corn husk dolls, using fabric scraps, ribbons and buttons for clothing.



## MUSIC

### CHA, CHA, CHA (Grade K-Adult)

Cha Cha Cha is a contemporary Cuban rhythm created between the late 1940's and the early 1950's. In this drumming class, participants use traditional instruments from the rhythm section including Conga drum, Cha Cha bell, maracas, claves (rhythm sticks), and the guiro (an instrument with a large zipper sound). Participants learn the pattern used with each instrument and then, in groups, they present a mini-performance for each other.

### DRUMMING JOURNEY (Grade K-Adult)

This workshop encourages hands-on play on percussion instruments. Music through rhythm is explored from many different countries including: Africa, Austria, Britain, Ireland, Italy, Japan, and Tahiti. Each nation's rhythm and music is tied into what we hear today in America, including jazz, classical, military, folk, country, and rock.

### HIP HOP DRUMS (Grade 2-Adult)

One of the most important characteristics of hip hop music is the drumbeat. In this high energy workshop, participants first learn about the drum – its basic sounds and scale. Then they learn a hip hop beat and finally become choreographers as they split into two groups, who each create and perform a hip hop dance, complete with a moving and grooving drumbeat.

### HISTORY OF THE CONGA DRUM (Grade K-Adult)

Get started now on your journey to becoming one of many Rhumberos of the world! In this informative and fast paced workshop, students learn the origins of the Conga drum, its birth in the New World and the influence it has had on modern music in America. Participants learn the three basic sounds - Clave (key), Cascara (shell pattern) and Shekere (beaded gourd) – all essentials needed to play the principal rhythm of the Conga drum, "LaRhumba." Good for all ages, highly recommended for middle and high school musicians, especially percussionists.

### HOW ABOUT SOME SAMBA? (Grade K-Adult)

Participants learn about the African rhythm played during Carnival in Brazil. Participants learn up to six different patterns that come together to create this very interactive and exciting rhythm. This musical workshop focuses on rhythm, culture and music creating a unique authentic learning experience.

### LANGUAGE OF AFRICAN DRUMMING (Grade K-Adult)

Participants learn the "alphabet" of African hand drums that form basic sounds to create the language of drums. Participants then learn to play traditional patterns used to communicate using these sounds and learn about African culture and how significant it is to the daily life of its people.

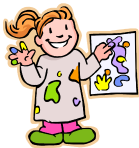
### NATIVE AMERICAN DRUM CIRCLE (Grade K-5)

The drum circle is an important ceremony in most Native American tribes. Participants learn the significance of this ceremony by playing Native American drums, learning different rhythms, beats and chants.

## VISUAL ARTS

### AFRICAN ADINKRA PRINTMAKING (Grade 1-6)

Adinkra is a stamped or printed cloth made by the Ashanti people of Ghana. Symbols on the stamp have special meanings reflecting a particular belief, trade, status, etc. In this workshop, participants design a personal symbol that has meaning for them, carve it into a stamp, and then create a painted pattern using the stamp.



### AFRICAN MASK RELIEF (Grade 2-Adult)

Visit the Congo! Participants learn about relief sculpture from the Kota people of the Congo as well as how masks are used in many African religious rituals and other tribal ceremonies. Each student etches their own abstract mask in aluminum and uses an ink wash to complete it.

### AFRICAN MUD PRINTS (Grade K-6)

Paint with mud! African mud prints are a textile art form found in several cultures of West Africa. Designs are based on a specific region or on what someone does for a living like farming or herding. Participants make their own mud print by painting on cloth with mud, incorporating traditional symbols and patterns or using their own unique designs.



### BASIC BATIK (Grade 2-Adult)

Batik is an ancient craft using wax and fabric dye to create one-of-a-kind fabrics. Participants use a wax resist technique and oil pastels to create an image on fabric squares. Participants then dye the fabric using colorful liquid watercolors. A colorful and vibrant creation emerge between the wax and pastels.

### BIZARRO PICASSO MASKS (Grade 2-Adult)

Participants gain a deeper understanding of this master artist by exploring some of Pablo Picasso's cubist portraits. Then they create large paper masks with abstract and exaggerated features combining Picasso's style with their own creativity.

### BOOKMAKING - Bound Journals (Grade 2-Adult)

Calling all bookworms! In this workshop, participants create their own bound, journal style book. Participants choose from a variety of papers for a cover and colored tape to bind their creation. Participants personalize their unique journals.

### CARTOONING (Grade 4-Adult)

Participants learn about the exciting world of cartooning as they explore the basics of creating their own characters, learning drawing techniques and the artistic skills needed to become a cartoonist.

### CHALK DINOSAURS (Grade K-6)

Journey back in time to Dino Days! This workshop provides participants with the opportunity to use soft chalk pastels. Using the unique technique of building forms by drawing ovals to define dinosaur shapes, participants learn to create volume through blending highlights and shadows. This workshop gives kids a fresh look at these fascinating animals.

### CHILEAN RAIN STICKS (Grade 2-Adult)

La Musica de la Naturaleza – The Music of Nature. Inspired by the legend of the Chilean Indians who create rain sticks to encourage rainy weather, participants create an adapted version of the original cactus root rain stick. Using tubes filled with beans and rice and decorated with scrap cloth, yarn, and beads, participants gain an understanding of how different cultures use objects from nature to create musical instruments.

### ERIC CARLE AND YOU (Grade K-4)

Based on the techniques of well-known author and illustrator Eric Carle, participants create their own "hungry caterpillar." In part one of the workshop, participants practice the technique of painting with color and texture without creating identifiable objects. In part two, each student uses cut up paintings and Carle's technique of collage to design and produce their own caterpillar.

### GEORGIA O'KEEFE FLORALS (Grade 1-Adult)

Using examples of Georgia O'Keeffe's work, participants learn how to observe and research forms by focusing on details. Participants create their own drawings by choosing a form and zooming in on a particular area of interest. They begin by creating a pencil sketch and then bring their sketch to life with chalk pastels.

### JAPANESE STAR STREAMERS (Grade 1-5)

Star streamers are an integral part of the Japanese festival of Tanabata. Participants learn about the traditions of this festival and then create their own star streamer by threading stars folded from colorful patterned paper onto a string. The paper star shapes are separated by beads and then the string is hung from a small branch.

### KALEIDOSCOPIES (Grade 4-Adult)

Participants explore the magic of kaleidoscopes by using paper tubes, mirror board and plastic jewels and sequins that when assembled and rotated make a succession of unique designs. Participants finish these geometrical works of art by decorating the outside.

### M.C. TESSELLATIONS (Grade 4-Adult)

M.C. Escher is a Dutch graphic artist recognized for his unique tessellations (repeating geometric patterns). Participants explore Escher's work, how it relates to math as well as basic art principles including symmetry, use of color and contrasting images as they create their own Escher tessellation.

### MAYAN MANDALA PRINTMAKING (Grade 3-8)

Very few Mayan Hieroglyphic inscriptions survived 16<sup>th</sup> century Spanish Invaders. Participants create their own Mayan medallions by etching ancient designs into foam plates, coloring the images and then printing them onto paper.

### MEXICAN TEXTILE MASKS (Grade 2-Adult)

Drawing upon Mexican folk art, students learn to draw with scissors by cutting a variety of felt shapes and facial features. Students then use these cutout shapes and a variety of other materials to create a personalized textile mask.

### NATIVE AMERICAN TOTEM POLES (Grade K-6)

Participants learn about Native Americans of the Pacific Coast such as the Kwakiutl, Haida, and the Tlingit who are known for their hand carved totem poles. Participants learn how and why the totem poles are made and the meaning of various symbols as they create personalized totem poles using paper tubes, feathers, beads and a variety of other craft materials.

### NAVAJO SAND PAINTING (Grade 2-Adult)

History is the basis, sand is the paint, and your imagination is your guide. Inspired by Navajo sand paintings, participants learn the history and culture of sand paintings as they create a painting made with colored sand on cardboard backgrounds.

### ORIGAMI (Grade K-Adult)

Participants engage in this ancient Japanese art of paper folding by learning techniques to make animals and objects like: frogs, swans, balls, cranes, or boxes. Depending on the class size and ages, participants make a few different items. Older participants make more complicated creations.

### OUR SOLAR SYSTEM (Grade 1-Adult)

In this workshop, participants explore the Milky Way Galaxy, creating colorful and exciting pictures of planets in the solar system using chalk pastels and common techniques from this medium.

### PAINTED SKIES (Grade K-Adult)

From dusk's purple clouds to dawn's orange streams, the sky creates magical images that have inspired painters for centuries. In this watercolor workshop, participants learn to paint using a wet-wet technique and a coffee filter and sponge technique. Participants create two watercolor paintings, a sunrise and a sunset using their own memories of the sky's palette to ignite their creativity.

### PAPER MARBLING (Grade 6-Adult)

Mottle and streak with colors while learning various techniques to give paper a marbled look. Students learn how to use the feather technique, the peacock technique, the swirl technique, and the stone technique to capture marbled images on paper.

### PUPPET MAKING (Grade K-Adult)

Lamb Chop and Mr. Moose step aside. Participants use their imaginations to make unforgettable, soon to be famous, sock puppets. A wide variety of materials including felt scraps, feathers, buttons, beads, and pompoms are available for participants to create their own puppet with great personality and unique character.

### SEA LIFE PASTELS (Grade K-Adult)

Under the sea! The vibrant colors of plants and animals that inhabit the sea are captured on paper in this workshop using soft pastels. Rich colors are used to draw and blend over a black background, resulting in dramatic and exciting pictures that usually surprise even the artist. This subject matter allows participants great creativity and the ability to alter and adjust composition and movement in a picture.

### SKETCHING THE ANIMAL KINGDOM (Grade 2-8)

Lions, Dinos and Snakes – Oh My! Participants learn about different drawing techniques and tools as they explore animals and their habitats. This workshop can be customized to focus on specific animals or regions like: dinosaurs, rainforest animals, animals of Africa, animals and habitats of Colorado, etc.

### SUMI-E JAPANESE PAINTING (Grade 2-Adult)

Simple but powerful! Sumi-e painting is Japanese ink brush painting that conveys Japanese respect for nature, simplicity and purity. Participants learn the basics about this ancient technique of ink painting by creating their own Sumi-e painting. Participants use ink and rice paper to create these traditional paintings.

### VAN GOGH'S STARRY NIGHT (Grade K-Adult)

In this workshop, participants learn about Vincent Van Gogh by creating a painting similar to his masterpiece, Starry Night. Participants use oil pastels and watercolors to create their impression of a starry night by starting with smaller images that are integrated into a larger work of art.

# Arts Day Special Events

Our performances and participation plays offer an entertaining and interactive art experience for groups of 75-200 or more. These special events feature talented artists who delight the audience along with offering lots of opportunities to get involved. Fees vary from \$150-500 with discounts for Title I schools and for scheduling multiple programs.



## PERFORMANCES

### BUNNY AND BIRDIE COMEDY MAGIC SHOW (PreK-Adult)

Magician *Connie Elstun* and her trained bunnies and birdies have been delighting children for more than 24 years. This age-appropriate comedy magic show stars the amazing feats of three delightful performing bunnies who help guide children on a magic journey to find lost prizes. In this interactive performance, up to six helpers from the audience are chosen to come up on stage and perform their own incredible magic. The show can be performed in either a 30 or 45-minute format.

*"A great way for our kids to get art."*

### KUSOGEA NOBI DRUM ENSEMBLE (Grade K-Adult)

This vibrant and energetic performance, based on traditions of West Africa, takes the audience on a rhythmical journey from Africa to the New World and back to Africa. The intensity and dynamics of the music the ensemble plays gave the ensemble its name. "Kusogea" is a word in Ki-Swahili that means "to move." "Nobi" is a word indigenous to the world that means "people." Kusogea Nobi moves people - it is virtually impossible to remain still when experiencing this style of music.

### SHAKESPEARE'S FOOLS (Grade 5-Adult)

Meet Shakespeare's Fools in this interactive, one woman show. *Romeo and Juliet*, *As You Like It*, and *A Midsummer Night's Dream* will come alive as the audience acts out the foolish characters onstage. Find out who's a fool for love and what it means to be a witty fool or a foolish wit. Play an Elizabethan game show, rap a sonnet, sing a Renaissance song and dance with a fool. It is all part of the fun.



### SHAKESPEARE'S SCOUNDRELS (Grade 5-Adult)

*Lady Macbeth* comes alive to lead students into the villainous minds of *Macbeth*, *Richard III*, and *Iago*, while humorously defending herself against claims that she is the villain of her play. The audience participates in this original show by playing the villains, joining a self-help group for scoundrels, and voting on the Most Wicked Scoundrel Award.

### TAIKO DRUMMING (Grade K-Adult)

The sound of an authentic Taiko drum leads this exploration through Japanese culture. Costumes, Japanese folktales, percussion instruments, and the booming Taiko drum come together to immerse students in ancient Japanese art forms.

## PARTICIPATION PLAYS

Participation plays are lively and humorous adaptations of well known stories, performed by our professional actors with assistance from members of your group! All participation plays include simple props and costumes to help the story come alive. Choose from these stories:

- Cinderella (Grade PreK-2)
- Treasure Island (Grade 3-6)
- Snow White (Grade PreK-3)
- Jack and the Beanstalk (Grade K-3)
- A Christmas Carole (All Ages)
- Shakespeare Alive (Grade 4-Adult)

## Schedule Your Outreach Today!

Arts Day Outreach: 720-898-7240

Children's Theater: 720-898-7245

[arvadacenter.org/education/outreach](http://arvadacenter.org/education/outreach)

### Visiting the Arvada Center

If a visit to the Arvada Center is in order, we offer endless opportunities for your group to experience the arts.

Enjoy award-winning theater (for children and adults), dance and music performances, tour our ever changing galleries and history museum or wander through our landscaped sculpture gardens.

Group rates are available for theater performances and concerts, with discounts for Title I schools and students with disabilities. We offer matinees on Wednesdays and weekends. Check our website, [arvadacenter.org](http://arvadacenter.org), for all the latest performance information. Guided and interactive tours of our art galleries and Arvada History Museum are also available. These half-hour tours make a great addition to a theater performance.

Please contact us to discuss the possibilities at 720-898-7240.

### Arvada Center Children's Theater

Fall 2011  
*The Musical Adventures  
of Flat Stanley*  
Oct 13-Dec30, 2011

Spring 2012  
*How I Became a Pirate*  
Jan 26-Apr 14, 2012

10 a.m. and 12 noon  
performances, Tuesday-Friday

Weekday general admission  
tickets: \$8

  
arvadacenter  
for the arts  
and humanities

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