

DANCE RECITALS & VOLUNTEERING

The Arvada Center Dance Academy performance/costume rental fee is \$60 per dancer, per concert series. This cost includes costume rental for all the dances the student participates in as well as the production cost. Academy recitals are held on the Arvada Center Main Stage, with a professional light and sound crew and beautiful handmade costumes that are age appropriate.

There are two separate recitals, each performing the same show 2-3 times in a weekend. The ballet show is often a story ballet; original and classical ballet stories have been adapted and staged on our dancers. The jazz/modern show is a separate weekend and is generally a theme based show, but stories such as "Jungle Book" have also been created for the spring concerts.

In order to achieve this professionalism at a reasonable rate, we ask the parents to volunteer their time towards their child's performance experience. The annual recital is often the highlight of a young dancer's year and is a great way for dancers to develop artistry and share with family and friends the improvements made over the school year. Parents are asked to help cut fabric for costumes; sew and trim costumes; build paint or trim props; help in the dressing rooms; work as class coordinators; de-trim and clean costumes after the show. Taking a show from an idea to the stage requires people of all talents and abilities in one way or another. To help put a large scale production onto the stage and see the children shine with pride at their parent's handy work is **priceless**.

ALUMNI TESTIMONIALS

"The Arvada Center Dance Department is something extraordinarily special because it's a safe environment for young dancers, it teaches you passion and love for all types of dance and it gives you respect for those fabulous teachers who showed a bit of their own hearts."

~*Yvette Mignerey Atkin, Alum 1990*

Owner of a dance school in Salt Lake City, Utah

"The Arvada Center dance program shaped my life as a dancer, choreographer, dance teacher, dance coach and dance director. Besides the outstanding and commended technique I learned from Christina Noel and the other fantastic teachers at the center, I learned how to be a compassionate and multifaceted teacher and director. Performing as a company member was the beginning of a professional experience I could take wherever I have worked."

~*Summer Kinsey-Heitt, Alum 1992*

Dance teacher & choreographer

"The Arvada Center Dance program cultivated an artistic sensibility and awareness, while at the same time providing a strong technical foundation, that has allowed me to explore, grow, and succeed as a dancer... I found that what I learned at the Arvada Center about ballet technique, performance, rehearsal behavior, audition etiquette, makeup, costumes, was all true and relevant." ~*Jennifer Aiken, Alum 1997*

Principle dancer with Boulder Ballet & Master Costumer

"I received the utmost support for my technical and artistic development, which instilled life long tools to be able to be a diverse and successful artist."

~*Marlana Qualls, Alum 2002*

Professional dancer, teacher and choreographer

"Throughout my years at the Arvada Center Dance Program, I was exposed to a various assortment of dance styles which not only shaped the versatile dancer I am today, but showed me how much there is to love about dance. I cherish my time growing up through the Arvada Center Dance." ~*Molly Wagner Alum 2003 Principle dancer with Montgomery Ballet*

Arvada Center Dance Academy

Student Handbook



Arvada Center for the Arts & Humanities

6901 Wadsworth Blvd

Arvada, Colorado 80003

Dance Coordinator: Christina Noel Adcock

COMMUNICATIONS

Families can stay informed several ways:

- www.arvadacenter.org/education/links & downloads
- Read the bulletin boards outside the dance studios.
- Read all information sent home with students.
- Parent's group email. E-mail Christina at cnoel@arvadacenter.org to be put on the list.
- Academy families should attend one of the January/February parent recital meetings.
- Need a specific question answered? Call Christina Noel at 720-898-7237

ATTENDANCE/TARDINESS

Dance is taught sequentially, thus a student's progress depends greatly upon consistent attendance in class. Students should plan on arriving at least 10 minutes before class to be dressed and ready at the start time. Students who arrive more than 15 minutes late will be asked to observe or write class. If a dancer comes to the Center in their dance attire, they should wear a cover up when outside the building.

MAKE-UP CLASSES

Should a student need to miss a class, please tell your instructor in advance or call the dance coordinator, 720-898-7237. The missed class must be made up within the session in a dance class of comparable level.

DRESSING ROOMS

There is a girl's dressing room outside studio 20. Dancers should use this room instead of the restrooms. A clean dressing room is an inviting place for the dancers to prepare for class, so please help keep the dressing room nice. Unfortunately, at present time there is not a boy's dressing room.

PROMOTIONS AND LEVEL PLACEMENT

All students are assigned to their appropriate level. This assures the best progress of the student and minimizes risk of injury. Dancers are promoted on their merit and abilities and will be invited by the instructor to take a placement class at a harder level. Promotions/Class assignments are generally done in the spring, but occasionally students are promoted in January. New students must take a placement class and should contact the dance coordinator to schedule an appropriate time. Students wishing to move from the Open Enrollment classes to the Academy should speak with their instructor.



STUDIO ETIQUETTE

Dance requires respect and discipline. To that end, the Arvada Center teaches its students universal dance etiquette.

- Students should always be on time. If they are tardy, they should stand at the studio door and wait for the instructor to acknowledge them and allow them to join the class.
- Students who need to leave class early should tell their instructor before class begins and thank the accompanist if one is present.
- Students should never leave a dance class without asking permission. This is disrespectful and disruptive to the class.
- No gum, food or open liquids, other than water, are allowed in the dance studios.
- Dirty street shoes are not allowed on the dance floors.
- Large jewelry and non-dance attire is not allowed in class, including camisole tops and excessively short shorts without leotards and tights underneath.
- No running in the building.