arvadacenter

Dance Classes for All Ages
starting on page 12

Classes

volume 29, no. 4 september, october, november, december 2009

For Kids and Adults

Arts Days, Arvada Center Drama Program, Acting and Performing Arts, Art for Ageless Adults, ArtStart, Ceramics, Dance, Humanities, Pilates/Stretch & Yoga, Music and Visual Arts

Preparing young artists for the stage

An exciting new drama program for students ages 6 – 18. See page 4

Classes

volume 29, no. 4
september, october, november, december 2009

arvadacenter
for the arts
and humanities

720-898-7200 6901 Wadsworth Boulevard
Arvada, CO 80003-3499

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Change of Address: The Post Office will not forward copies, and we cannot send duplicates for copies that go astray. Please send change of address to: Center Classes, 6901 Wadsworth Blvd., Arvada, CO 80003.

The Arvada Center for the Arts and Humanities, located at 6901 Wadsworth Blvd., Arvada, Colorado 80003, is owned and operated in the public interest by the City of Arvada.

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Box Office 720–898–7200
TTY (for the hearing impaired) 720–898–7203

Box Office, Gallery/Museum and Gift Shop Hours
9:00 a.m. – 6:00 p.m. Monday – Friday
9:00 a.m. – 5:00 p.m. Saturday
1:00 p.m. – 5:00 p.m. Sunday
Open through intermission on show evenings
Box Office, Gallery/Museum and Gift Shop are closed on select holidays. Gallery/Museum is free, open to the public

Please be advised that participants in all Arvada Center activities are subject to being photographed and photographs may be used to publicize Arvada Center programs.

Arts for Ageless Adults

Classes designed to provide inspiration for the mature creative spirit and encouragement for discovering new artistic explorations. The classes may be attended by any adult, but have been developed especially for Ageless Adults (retired or semi–retired adults age 55+).

See page 7 for course descriptions.

Reaching for the Arts Scholarship Program

The Arts Council Scholarship Committee reviews scholarship applications and awards scholarships four times a year. Scholarship guidelines and applications are available at the Arvada Center Box Office or online at arvadacenter.org. See this application for specific deadlines. Aspiring students of all ages wishing to develop their talents in the arts and humanities are encouraged to apply. For more information, contact the Arvada Center Box Office at (720) 898-7200.

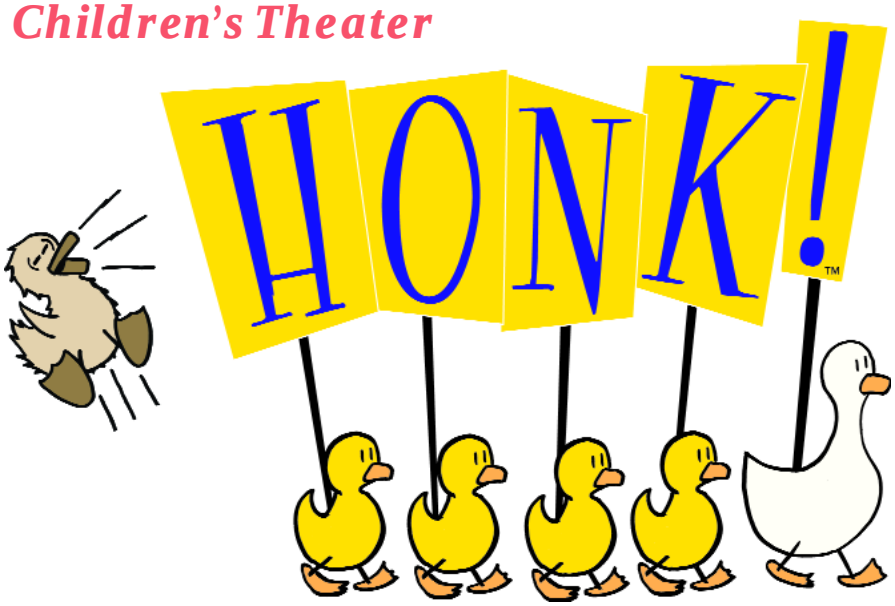
*Credit from Red Rocks Community College:

For courses marked with an asterisk (*) one college credit is available through Red Rocks Community College for an additional fee (to be paid at Red Rocks Community College.) The regular course fee is paid for through the Arvada Center Box Office.

Deaf Access

Interpreters for the deaf will be provided free for any class, if arranged in advance. Call 720–898–7200 (Voice) or 720–898–7203 (TTY).

Children's Theater



Honk! Beat out the *Lion King* and *Mama Mia* to win the Oliver Award for Best Musical.

Book & Lyrics by Anthony Drewe
Music by George Stiles
Directed by Kitty Skillman Hilsabeck

This musical adaptation of Hans Christian Andersen's story *The Ugly Duckling* brings a contemporary hipness to being "not as cool as everyone else." This lavish song-and-dance version of the classic tale provides some hilarious insights into discovering that beauty lies within us and that being different should be cause for celebration. Since everyone, at some time, felt like an ugly duckling, this musical sensation is perfect for everyone.

October 8, 2009 - January 3, 2010

Weekday general admission tickets: $8
Weekend reserved tickets: $10

Audio-described performance for the blind:
Wed., Nov. 4, 10 a.m. & 12 p.m.

Go online for a complete schedule: www.arvadacenter.org

Shadow interpreted Performances for the Deaf:
Thurs., Nov. 5, 10 a.m. & 12 p.m.
Fri., Nov. 6, 10 a.m. & 12 p.m.

Honk is sponsored in part by

Additional Support provided by:
John G. Duncan Charitable Trust
Kinder Morgan Foundation
Ralph and Florence Burgess Trust
Wells Fargo Foundation

Arts Days

For Scouts Arts Days and Family Arts Days reservations, call the Box Office at 720-898-7200.

Scouts Arts Days

Join us at The Arvada Center for programs just for Girl Scouts and Boy Scouts. These Arts Days are designed to meet a variety of merit badge requirements while also providing hands-on opportunities for scouts. Scouts must be seven years or older and one adult chaperone is required per five scouts.

Includes:

1 hour Children's Theater Production
***Honk!* - Sunday, November 8**
Technical Theater Talk
1 hour Performing Arts workshop
Scouts will participate in a Performing Arts Workshop.

$10 per scout, Leaders/Adults free

(D9SA10) Sun., Nov. 8
12:00 - 2:30PM (1:00PM performance)

(D9SA11) Sun., Nov. 8
1:00 - 3:30PM (1:00PM performance)

(D9SA12) Sun., Nov. 8
1:30 – 4:00PM (3:00PM performance)

Family Arts Days

Bring the family! Adults and kids alike will enjoy these programs designed to offer families the opportunity to explore the arts together. Children must be five years of age and accompanied by an adult.

Behind the Curtain

Sat, October 24

Includes:

-1 hour Children's Theater Production of *Honk!*
-Tech Theater Talk
-1 hour Visual Arts workshop
Participants will make a paper sculpture.

$10 per person, $9 per each Friend of the Center (cost includes performance)

(D9FA05) Sat., Oct. 24
10:00AM - 12:30PM (11:00AM performance)

(D9FA06) Sat., Oct. 24
11:00AM - 1:30PM (11:00AM performance)

(D9FA07) Sat., Oct. 24
11:30AM – 2:00PM (1:00PM performance)

Behind the Curtain

Sat., December 5

-1 hour Children's Theater Production of *Honk!*
-Tech Theater Talk
-1 hour Visual Arts workshop
Participants will participate in a performing arts workshop.

$10 per person, $9 per each Friend of the Center (cost includes performance)

(D9FA08) Sat., Dec. 5
10:00AM - 12:30PM (11:00AM performance)

(D9FA09) Sat., Dec. 5
11:00AM - 1:30PM (11:00AM performance)

(D9FA10) Sat., Dec. 5
11:30AM – 2:00PM (1:00PM performance)

Arvada Center Drama Program

Preparing young artists for the stage

The Arvada Center's Drama Program prepares young artists for the stage. Through our year-round program, students from beginning to advanced, can develop skills and knowledge in all areas of theater arts. From comedy and improvisation to music and classical theater, students learn the skills they need for the stage. The goal of the Arvada Center Drama Program is to educate, promote growth and provide an atmosphere where students can explore their own creativity, regardless of theatrical experience.

Classes are open to new and returning students, ages 6–18, and provides an age-appropriate curriculum. These classes are designed to be taken more than once so that more experienced actors may continue to increase their skills and knowledge and take on more challenging roles. All classes are taught by experienced teaching artists, many with theatrical credits as actors, directors, or in other artistic roles.

During the school year, drama program students take part in our process oriented, high quality, participatory theater arts education and training, and then in the summer, the focus turns to product as students put together full ensemble productions on one of the Arvada Center's stages.

The drama program is comprised of three, age categories and within each age category there are several classes offered for fall, winter and spring sessions. Drama students are encouraged to enroll for the entire school year and can choose to take one or more classes per session. Students in Playmaking and Acting for Youth who register for the entire school year can purchase one $1 ticket to our fall Childrens Theater performance of *Honk!* Students in Acting for Young Adults who register for the entire school year can purchase one $1 ticket to one of our Main Stage performances. Students taking at least one class for each session (fall, winter and spring) within the same age category are also eligible for a payment plan. If students prefer, they may also just register for a single class.

Playmaking for 6–8 year olds

Children learn to act and perform plays while using the tools of the body, voice and imagination to build self-confidence and imagination and bring creativity and storytelling to life. Through vocal and physical warm–ups, theater games, concentration exercises and scene work, students learn how actors prepare for the stage. Classes culminate in an informal play for family and friends at the last class. During the summer, students should plan on enrolling in one of our full ensemble production drama camps.

Cost is $300 for three ten-week classes or $110 for one ten-week class.

	Monday 4:00-5:30pm	Tuesday 4:00-5:30pm	Thursday 4:00-5:30pm	Sunday 3:00-4:30pm
Fall 2009	Fairytales	Story Drama	Musical Theater	Physical Comedy
Winter 2010	Musical Theater	Fairytales	Physical Comedy	Story Drama
Spring 2010	Classical Theater	Musical Theater	Story Drama	Fairytales

Fairytales

The world of fairytales comes to life in this exciting and creative class. Bring your imagination and be ready to become a dragon, princess, troll, or even a magical elf. Each week we will read a story and turn it into a play, transporting the class to worlds beyond.

Fall
(YT76) Mon., Sept. 14-Nov. 16, 4:00-5:30pm
Winter
(YT01) Tues., Jan 5-Mar 9, 4:00-5:30pm
Spring
(YT11) Sun., Mar. 28–May 30, 3:00–4:30pm

Classical Theater

Join us as we explore characters and plays of the theaters of the past. Students take a light hearted approach to everything from Shakespeare to Greek Theater. Together we will create scenes, explore monologues, play games of all sorts.

Spring
(YT12) Mon., Mar. 22-May 24, 4:00-5:30pm

Story Drama

Experience a story from the inside. In each class students explore a different book through acting and imagination. Enjoy the excitement of drama and working as an ensemble while exploring the best in children's literature.

Fall
(YT77) Tues., Sept. 15-Nov. 17, 4:00-5:30pm
Winter
(YT02) Sun., Jan. 10–Mar. 14, 3:00–4:30pm
Spring
(YT13) Thurs., Mar. 25-May 27, 4:00-5:30pm

Physical Comedy

Physical comedy is a great way to learn to be more expressive on stage and off. Students explore everything from mime and movement games, to clowning and stage combat.

Fall
(YT78) Sun., Sept. 13–Nov. 15, 3:00–4:30pm
Winter
(YT03) Thurs., Jan. 7–Mar. 11, 4:00-5:30pm

Musical Theater

Learn to tell a story by using your voice. Students sing, dance and act by exploring catchy tunes and fun dance moves inspired by well known children's theater classics. Class also covers the importance of charisma, poise, presentation and audience awareness.

Fall
(YT79) Thurs., Sept. 17–Nov. 19, 4:00-5:30pm
Winter
(YT04) Mon., Jan. 4–Mar. 8, 4:00-5:30pm
Spring
(YT14)Tues., Mar., 23–May 25, 4:00-5:30pm

Acting for Youth for 9-12 year olds

Learn the fundamental techniques of stage acting: using your voice, body, and mind to pursue objectives, overcome obstacles, create characters and scenes, and work as an ensemble. Students gain a working knowledge of basic acting theory and terminology. These classes are open to new and returning students. Classes culminate in an informal play for family and friends at the last class. During the summer, students should plan on enrolling in one of our full ensemble production drama camps.

Cost is $300 for three ten-week classes or $110 for one ten-week class.

	Monday 5:30-7:00pm	Tuesday 5:30-7:00pm	Thursday 5:30-7:00pm
Fall 2009	Creative Dramatics	Improv Comedy	Musical Theater
Winter 2010	Classical Theater	Creative Dramatics	Physical Comedy
Spring 2010	Musical Theater	Classical Theater	Improv Comedy

Creative Dramatics

Build a world of imagination. Through role-play and creative problem-solving, students create and explore exciting characters. Students use their voice, body, and mind to pursue objectives, overcome obstacles, create characters and scenes, and work as an ensemble.

Fall
(YT80) Mon., Sept. 14–Nov. 16, 5:30 – 7:00pm
Winter
(YT05) Tues,. Jan. 5 – Mar. 9, 5:30 – 7:00pm

Improv Comedy

Join us as we create scenes and characters, learn to think on our feet and learn to trust our impulses, instincts and imagination. Invent unusual characters, original skits and wacky stories. Develop self-confidence, comic-timing and quick-thinking. Strengthen cooperation and listening skills as you laugh it up and act it out with other funny kids. This class is great for anyone willing to have a lot of fun.

Fall
(YT81) Tues., Sept. 15 – Nov. 17, 5:30 – 7:00pm
Spring
(YT15) Thurs., Mar. 25 – May 27, 5:30 – 7:00pm

Classical Theater

From Greek drama to Shakespeare, Kabuki to melodrama, this class explores the characters of the theaters of the past. Together we will create scenes, explore monologues, play games of all sorts.

Winter
(YT06) Mon., Jan. 4 – Mar. 8, 5:30 – 7:00pm
Spring
(YT16) Tues., Mar. 23 – May 25, 5:30 – 7:00pm

Physical Comedy

Learn physical comedy skills and try your hand at pratfalls, "takes'" and classic clown routines. From mime and movement games, to clowning and stage combat, this helps the students to be more physically expressive and use their bodies to tell the story.

Winter
(YT07)Thurs., Jan. 7 – Mar. 11, 5:30 – 7:00pm

Musical Theater

This is the perfect class for kids who love to sing, dance and act. Students focus on basic vocal technique, song interpretation and musical theater performance skills and learn basic Broadway dance moves and catchy tunes from popular Broadway plays. Through demonstration and repetition, students learn how to combine dance steps to create complete choreographed song and dance pieces. Class also covers the importance of charisma, poise, presentation and audience awareness.

Fall
(YT82) Thurs., Sept. 17 – Nov. 19
5:30 – 7:00pm
Spring
(YT17) Mon., Mar. 22 - May 24, 5:30 – 7:00pm

Acting for Young Adults for 13-18 year olds

Learn the fundamental techniques of stage acting: using your voice, body, and mind to pursue objectives, overcome obstacles, create characters and scenes, and work as an ensemble. Students also gain a working knowledge of basic acting theory and terminology. These classes are open to new and returning students. Classes culminate in an informal play for family and friends at the last class. During the summer, students should plan on enrolling in one of our full ensemble production drama camps.

Cost is $425 for three ten-week classes or $150 for one ten-week class.

	Monday 7-9pm	Tuesday 7-9pm	Thursday 7-9pm
Fall 2009	Musical Theater	Scene Study	Improv Comedy
Winter 2010	Physical Comedy	Classical Theater	Musical Theater
Spring 2010	Improv Comedy	Musical Theater	Scene Study

Musical Theater

Become a triple threat: learn to sing, dance, and act—all at the same time. Students focus on basic vocal technique, song interpretation and musical theater performance skills and learn basic Broadway dance moves and catchy tunes from popular Broadway plays. Through demonstration and repetition, students learn how to combine dance steps to create complete choreographed song and dance pieces. Class also covers the importance of charisma, poise, presentation and audience awareness.

Fall
YT83) Mon., Sept. 14-Nov. 16, 7:00-9:00PM
Winter
(YT08) Thurs., Jan 7 – Mar. 11, 7:00-9:00PM
Spring
(YT18) Tues., Mar. 23 – May 25, 7:00-9:00PM

Classical Theater

This class makes the great works of Shakespeare, Moliere, and other classical playwrights accessible to young actors. Students gain impressive acting skills while working on powerful and interesting material.

Winter
(YT09) Tues., Jan. 5 – Mar. 9, 7:00-9:00PM

Improv Comedy

While introducing text into the physical elements of improvisation, students explore the art of improvisational comedy and storytelling through concepts such as Yes And, Give and Take, the who, what, where and support. Students heighten their sense of listening, physical presence and the ability to tell a story from an honest place. This class is great for anyone willing to have a lot of fun.

Fall
(YT84) Thurs., Sept. 17 – Nov. 19
7:00-9:00PM
Spring
(YT19) Mon., Mar. 22 – May 24, 7:00-9:00PM

Scene Study and Character Development

Scenework and script analysis is a staple of theater training. Practice an exciting and challenging technique that relies on observation and physicality in creating multi-dimensional characters. Learn how to connect with your audience and other performers as you work on scenes with partners from the class.

Fall
(YT85) Tues., Sept. 15 – Nov. 17, 7:00-9:00PM
Spring
(YT20) Thurs., Mar. 25 – May 27, 7:00-9:00PM

Physical Comedy

Study the Commedia Del Arte style of movement/acting and expand your use of one of the main tools of acting – your body. Learn physical comedy skills - from mime and movement games, to clowning and stage combat, which helps the actor be more physically expressive and use their bodies to tell the story. This class focuses on theater that is created without words.

Winter
(YT10) Mon., Jan. 4 – Mar. 8, 7:00-9:00PM

Acting and Performing Arts

See page 8 for Art Start Drama Classes

Kids On-Camera

For Ages 8–13

Reece Livingstone

Want to get cast in a movie, TV show or commercial? Show that casting director that you are the next big star. Learn the skills and develop the interesting characters that are fun to watch. This course focuses on commercials, monologues, cold reading, performance and comedy/drama. Returning students are further challenged with focused characters and scripts from TV and film.

Supply list: Bring a blank VHS tape or mini DV tape, notebook and pencil or pen.

Tuition $105

(YT75) Wed., Sept. 16–Nov. 18
4:30–6:00PM, 10 weeks

Basic Acting Techniques*

For Ages 18–Adult

Dr. Lee Gallup

Scenework and acting exercises for people with little or no theater training are explored in this class. The Stanislavski system of character analysis and development is stressed and scenes are done with partners from the class. The Stanislavski system has been the basis of acting in the western world since 1898 and is the foundation for many acting techniques. Learning to identify with another person is invaluable in everyday life as well as in the theater.

Supply list: Please bring pencil and paper.

Tuition $160

(AT76) Mon., Sept. 14–Nov. 23 (no class 9/28)
6:45–8:25PM, 10 weeks

Tryout and Audition Techniques*

For Adults

Dr. Lee Gallup

This class focuses on the selection, preparation and perfection of audition materials emphasizing comic and serious pieces as requested in both theater and media auditions. Students are presented with cold reading techniques and sight reading of commercial copy expected by film, TV and stage casting directors. Guidance is provided to help students prepare theatrical and media resumes. Also discussed are head shots, photographers, agents and how to get into the business either professionally or as an avocation. Dr. Gallup has directed over 40 stage productions. She is a member of AFTRA and has made over 100 commercials.

Supply list: Please bring pencil and paper.

Tuition $160

(AT77) Mon., Sept. 14–Nov. 23 (no class 9/28) 8:30–10:15PM, 10 weeks

On Camera Acting Intensive–Scenework

For Adults

Reece Livingstone

Crafting an interesting and realistic character can be a challenge - learn how and hone your craft here. Students practice commercial readings, dramatic and comic monologues and scenes from TV and film while learning from a working film director and produced screenwriter. Students explore tone, intensity, the use of beats and subtext, nuances and record their scene work on their own tape for further study. Polish your presentation skills and gain confidence. Returning students continue to take on the challenges of crafting interesting characters.

Supply list: Bring a blank VHS, or Mini DV Tape, notebook and pencil or pen.

Tuition $200

(AT78) Mon., Sept. 14–Nov. 16
7:15–9:45PM, 10 weeks

Introduction to Voiceovers

For Ages 15–Adult

Voices for All

Have you ever wanted to be the voice everyone hears on commercials and documentaries? You too can become a professional voiceover artist. In this fun and interactive class, you will learn some of the details of the industry. Your instructor will coach you while you make a recording of your voice. Be warned–many who have taken this class have gone on to become real, bona-fide professional voice actors. This class is taught by a professional voice actor from the voice acting training company, Voices for All.

Tuition $35

(AT79) Sun., Sept. 13, 2:00–4:00PM

Three Stories Everyone Needs to Tell

For Adults

Christopher Maier

The most powerful impression we can make on others in our personal business and community involvements is through sharing key personal stories. This class brings a lens to your life experiences to reveal the raw materials that can be woven into brief tellable tales. Learn the craft of sharing those experiences that have made you wiser and leave you with three stories that build trust in your integrity, your vision and your deepest values.

Supply list: Bring writing materials or a laptop.

Tuition $65

(AT80) Sat., Oct. 3, 9:00AM–3:30PM

Private Acting Lessons

For Ages 7–Adult

Gretchen Nilsen

If you are looking for a crash course in stagecraft—these private, individual coaching sessions are just the ticket. Individual coaching can quickly prepare actors for their most challenging auditions as well as deepen their understanding of the studio environment. Lessons are designed for individual needs, and can be set as a series of meetings or used as a single session for advanced technique immersion. Emphasis is on, but not limited to voice, movement, improvisation, musical technique and audition monologues. Perfect for college application auditions or getting back into acting. All levels welcome. This is not a class but a chance to set up individual one hour private coaching appointments on Thursdays (7:30–9:30PM).

Tuition $60

(AT81) Sept. 17–Nov. 19
10 weeks of individual appointments available

*Credit from Red Rocks Community College, see page 2.

Arts for Ageless Adults

At the Arvada Center creativity, exploration, and self–expression know no age. One of the greatest myths is that creativity is only for the gifted few, and even then, talent dims with age. In reality, creativity is for everyone, at any age. The Arvada Center recognizes this and hopes to promote and nurture creativity in people of all ages. Our Arts for Ageless Adults classes are especially for retired or semi–retired adults age 55 and over, but are open to _students of any age. These classes provide inspiration for the mature creative spirit and encouragement for discovering new artistic explorations. Now is the time to explore that artistic venture you have always dreamed about.

Clay for Ageless Adults

Developed for ages 55+ but open to all adults

Jon Kulczycki

Come and learn the basics of clay or add to your existing knowledge. This beginning to intermediate class teaches students hand-building techniques as well as how to work on the potter's wheel. Depending on your interests, you can create anything from tableware to sculpture. This is a great opportunity to discover and express your creativity with clay. See information on purchasing clay and tools at the beginning of page 9.**

Tuition $60 (includes $10 glaze and firing fee)

(AC76) Wed., Sept. 16 – Oct. 14
1:00 – 3:00PM, 5 weeks

(AC77) Wed., Oct. 21 – Nov. 18
1:00 – 3:00PM, 5 weeks

Ballet for Ageless Adults

Developed for ages 55+ but open to all adults

Christina Noel–Adcock

Basic ballet movements and classical music gently combine with stretching and balancing exercises to enhance flexibility and freedom of movement. Perfect for those who have always wanted to try ballet or for anyone interested in a gentle and fun dance class. Yoga stretches and deep–breathing exercises are also included. No previous dance experience is necessary.

Tuition $75

(D501) Fri., Sept. 4 – Oct. 23
2:45 – 3:45PM, 8 weeks

(D601) Fri., Oct. 30 – Dec. 18
2:45 – 3:45PM, 8 weeks

Ageless Adult Tap

Developed for age 55+ but open to all adults

Peg Emery

Enjoy a good workout in a fun supportive atmosphere and learn how to tap dance to boot—all in one hour. This class is designed with the adult tap dancer in mind, and the difficulty level will be adjusted for the students. All you need to participate is a pair of tap shoes, comfortable clothes and a desire to dance.

Tuition $60

(D502) Tues., Sept. 1 – Oct. 20
2:30 – 3:30PM, 8 weeks

(D602) Tues., Oct. 27 – Dec. 15
2:30 – 3:30PM, 8 weeks

Rejuvenate Yourself with Yoga

Developed for age 55+ but open to all adults

April Hunziker

This gentle, restorative and reflective Hatha Yoga practice helps students to lovingly celebrate and "come home" to themselves. Body awareness, breath and yoga postures (asana) are combined with healing imagery and affirmation to provide a physical, mental and energetic boost to your day.

Supply list: Bring one to two blankets and wear loose and comfortable clothing. It is best not to eat 1½ hours prior to class.

Tuition $70

(AY14) Wed., Sept. 16 – Oct. 14
2:30 – 4:00PM, 5 weeks

(AY15) Wed., Oct. 21 – Nov. 18
2:30 – 4:00PM, 5 weeks

Preserve the Past Through Memoir

Developed for ages 55+ but open to all adults

Joey Porcelli

Class is intended to help you organize your thoughts and record the meaningful events in your life for future generations. In-class writing exercises, friendly critique, and discussion of the art of memoir are included. Brush up on your storytelling skills, share your memories, and focus on saving them for family, friends, and possible publication.

Supply list: Please bring a one page essay on "your very first job" to the first class.

Tuition $90

(AH16) Tues., Sept. 22 – Oct. 27
9:30 – 11:30AM, 6 weeks

Great Fun with Great Music

Developed for ages 55+ but open to all adults

Marc Shulgold

An informal but informative journey into classical music, designed for the beginner as well as the concert hall veteran. This popular course returns with fresh new looks at classical music. Class focus is on music–listening, rather than music–talking. Subjects include form and style with an emphasis on composers and what made them tick as well as how they explored and expanded the boundaries of melody, rhythm, virtuosity and form. Discover how great music is put together (sonata–allegro, rondo, scherzo, etc.), while gaining insight into the people who wrote and performed it. No prior knowledge required.

Tuition $80

(AM48) Sat., Sept. 19 – Oct. 10
9:30AM – 11:30AM, 4 weeks

Beginning Group Piano

For Adults

Dr. Linda Pott

Try your hand at piano playing. Enjoy the fun of group piano where you acquire musical skills in an engaging, social atmosphere. Students learn chords and patters, improvise and perform together. Students focus on styles that the class has expressed interest in playing. Music reading skills are introduced. No prior knowledge required.

Supply list: Bring a notebook, pencil and portable keyboard if you have one

Tuition $105 + $15 materials fee paid to instructor

(AM49) Wed., Oct. 7 – Nov. 18
11:15AM - 12:15PM, 7 weeks

Partner Free Ballroom Dance

Developed for ages 55+ but open to all adults

Jean Zartner

Using the basic movements and patterns of ballroom dance, learn simple choreographed routines that do not require partners. Here's your chance to dance using patterns from waltz, foxtrot, tango and polka. This class is non-intimidating and accessible to all levels and abilities.

Tuition $35

(AY16) Sun., Nov. 1 – Nov. 22
3:00 – 4:00PM, 4 weeks

Explore Watercolors

Developed for ages 55+ but open to all adults

Lionel Sanchez

Beginning to intermediate students are invited to join us as we explore some of watercolor's unique qualities. Professional watercolor artist, Lionel Sanchez, demonstrates while explaining watercolor applications and techniques. Students build on their knowledge as the class progresses and work toward a finished product.

Supply list will be mailed prior to class.

Tuition $90

(AV54) Wed., Sept. 23 – Oct. 28
1:30 – 4:30PM, 6 weeks

Art Start

Pre-Art Start

For 3 Year Olds

Gretchen Nilsen

For those children not quite ready for ArtStart Collage, here is their chance to explore visual art, music, movement and drama. This class is intended for 3–year–old children (potty trained) or children who are within a couple months of their third birthday. In this lighthearted multi-sensory class, children are encouraged to develop independent explorative expression through 15 to 20 minutes each of musical movement, visual art (drawing, painting, sculpture) and drama. Class is intended to foster and nurture the natural artist within each child.

Tuition $45

(AS13) Fri., Oct. 23 – Nov. 20
8:30 – 9:30AM, 5 weeks

ArtStart Collage

For 4 & 5 Year Olds

Christie Ann Miller and Mariko Murase

The Arvada Center offers a unique interdisciplinary arts class for preschool age children. Two mornings per week, a team of instructors presents experiences in creative dramatics, music, visual art and movement. A wide variety of materials and techniques are used and taught. Class emphasizes building self-confidence and cultivating expression in a creative environment. Semester (10 weeks) tuition is $235 plus materials fee of $25. A $50 non–refundable deposit holds a space for your child, and the balance is due by the first class.

Tuition $260

(AS14) Tues. & Thurs., Sept. 15 – Nov. 19
9:00 – 11:30AM, 10 weeks

(AS15) Tues. & Thurs., Sept. 15 – Nov. 19
9:00 – 11:30AM, 10 weeks

Itsy Bitsy Yoga for Tots and Tykes and Parents

For Ages 10 months – 4 years

Christine Haddon

Itsy Bitsy Yoga is a supportive, fun loving and active yoga class for tots (10–21 months) or tykes (21 months–4 years) and their parents. This yoga class for toddlers and tykes offers tot-centric poses that encourage and support physical explorations for crawlers and walkers. Tots playfully practice yoga postures while standing, sitting up, walking and jumping. Tots become more confident in their moving bodies as they practice yoga both in and out of class. Tykes class combines unique toddler friendly yoga poses with songs, stories and games. Each class is personalized around tykes' curiosities as they learn yoga through social interaction, repetition and play. Tykes also learn how to relieve frustration, improve motor skills and increase attention span by actively following directions.

Supply list: Parents and children should wear loose, comfortable clothing.

Tuition $65

Tots Class
Ages 10 – 21 months (or as soon as child is crawling)

(YY17) Sat., Oct. 17 – Nov. 14
9:00 – 9:45AM, 5 weeks

Tykes Class
Ages 21 months – 4 years

(YY18) Sat., Oct. 17 – Nov. 14
10:00 – 10:45AM, 5 weeks

ArtStart Theater and Music

Theater Explorers

For Ages 4 – 6

Gretchen Nilsen

A great beginning class for creative kids to discover theater. Students are led on an imaginative journey each week, creating environments and characters. Students work on listening skills, teamwork, and confidence. Parents and friends are invited to the final class for an informal performance.

Supply list: Wear loose clothes and sneakers.

Tuition $60

Ages 4 – 5

(YT86) Sun., Sept. 20 – Nov. 15 (no class 10/18)
1:00 – 2:00PM, 8 weeks

(YT87) Thurs., Sept. 24 – Nov. 19
(no class 10/15) 3:00 – 4:00PM, 8 weeks

Ages 5 – 6

(YT88) Sun., Sept. 20 – Nov. 15 (no class 10/18)
2:00 – 3:00PM, 8 weeks

Toddler Tunes

For Ages 1 – 4 years plus Adult

Christie Ann Miller

Designed to bring tots and parents or other caregivers together to explore the joyful world of music and dance. Class features play and movement while learning traditional nursery rhymes, jumping and bouncing, songs and games, favorite tunes, and "winding down" lullabies and goodbye songs. This blend of music and movement activities is geared toward little ones' attention spans to enhance language, motor and cognitive development while providing toddlers a basis for development and enjoyment of music and dance that lasts a lifetime. Students explore singing, circle dances and explore a variety of instruments, chants and more.

Supply list: Wear good socks for dancing without shoes.

Tuition $80 (each additional child or adult $40)

Ages 1 – 2 years plus Adult

(YM50) Mon, Sept. 14 – Nov. 16
9:00 – 9:40AM, 10 weeks

(YM51) Mon, Sept. 14 – Nov. 16
9:45 – 10:25AM, 10 weeks

Ages 3 – 4 years plus Adult

(YM52) Mon., Sept. 14 – Nov. 16
10:30 – 11:10AM, 10 weeks

Keyboards For Kids: Music for Little Mozarts

For Ages 3-6

Jocelyn Morrow

Children play short songs at the keyboard by ear while learning to read notes. This course focuses on singing, learning to read music (notation), listening and pitch matching, keyboard technique and key identification, rhythm and movement, music appreciation through games as well as interactive exploratory activities. A Music For Little Mozarts workbook/writing book is included and used in each class. Music for Little Mozarts also reinforces preschool social skills through taking turns, sharing keyboards, and following directions. Materials fee also includes information folder, weekly home assignments, progress report and certificate that celebrates their accomplishment and a show and share recital for parents and family. A perfect pre-piano course. Access to a keyboard or piano between lessons is recommended.

Tuition $90 + $10 materials fee paid to instructor at first class

Ages 3-4

(YM53) Fri., Sept. 18 – Nov. 6
9:30 – 10:15AM, 8 weeks

Ages 5-6

(YM54) Fri., Sept. 18 – Nov. 6
10:15 – 11:00AM, 8 weeks

See page 12 for Tot Dance, Tiny Taps, and Kinder Dance

ArtStart Visual Arts

Kinder Clay

For Ages 4–5

Liz Popoff

This class is a fun introduction to working with clay for preschool aged children. We start with play dough and move into using real clay and colored slips for decoration. Class emphasis is on the process of making art and helping develop spatial skills and color recognition.

Supply list: All materials, clay and tools are provided. Student should wear old clothes and bring a paint shirt.

Tuition $75

(YC35) Tues., Sept. 22–Nov. 10
2:45-3:45PM, 8 weeks

Mini Picassos

For Ages 3–4

Liz Popoff

This fun and exploratory class is intended for students age three and four who are potty trained. Children have the opportunity to experiment with a wide variety of materials while exploring the styles of Pablo Picasso, Alexander Calder, Eric Carle, Frida Kahlo and more. Students are encouraged to express their individuality while creating works of art and having fun. All materials provided.

Supply list: Students should wear old clothes and bring a paint shirt.

Tuition $75

(YV98) Tues., Sept. 22–Nov. 10
1:30–2:30PM, 8 weeks

ArtStart Extras

Creative Play Group

For Ages 1½–2½ plus Adult

Gretchen Nilsen

A light–hearted, creative class for parents and toddlers that includes visual art activities and craft projects in addition to finger play songs and other creative multi–sensory activities. This is a relaxing and fun way for you to learn with your toddler.

Supply list: Students and parents should wear old clothes that can get dirty.

Tuition $50 (each additional child or adult $25)

(YV99) Fri., Sept. 18–Oct. 16
8:30-9:20AM, 5 weeks

Baby/Toddler Sign Language

For Ages 10–24 months plus Adult

Linda Stevinson

Babies and toddlers who sign have closer bonds with their parents and caregivers, are less frustrated and develop verbal skill earlier. Signing with your child is natural, instinctive and simple (think waving bye-bye). Linda has been signing with one of her children for 20 years and is happy to share her knowledge of sign language with a new generation of children. Parents of 10-15 month old babies will be learning signs to teach their children when they are developmentally ready.

Tuition $45 (each additional child or adult $23)

(YH17) Tues., Sept. 22–Oct. 27
9:00–9:45AM, 6 weeks

Ceramics

**Clay tools and clay are available for purchase at the Arvada Center for approximately $25 for beginning students depending on what supplies you may have.

See page 9 for ArtStart Kinder Clay Classes

Classes for Children

Hands on Clay

For Ages 6–12

Carla Fletcher

Making things with clay is fun, and doing so in this class includes drawing, painting and learning about design. Discover how to see and use elements of art: line, shape, form, texture and color as we visit the galleries, talk about exhibits and translate what we learn into our own work in clay. Self–confidence blossoms in this creative environment.

Supply list: All materials, tools and clay are provided. Wear old clothes and bring a large paint shirt.

Tuition $55

(YC36) Mon., Sept. 14–Oct. 12
4:00–5:30PM, 5 weeks

(YC37) Mon., Oct. 19–Nov. 16
4:00–5:30PM, 5 weeks

Parent/Child Pottery

For Ages 6–13 plus Adult

Carla Fletcher

Parents (or other adults) join with children to work on a variety of clay projects that may include, but are not limited to, musical instruments, family portraits, whimsical sculptures or functional pieces and tableware. Have fun and spend time together learning the basics of clay in a creative and stimulating atmosphere.

Supply list: Wear old clothes and bring a paint shirt. Most materials provided–students must provide clay and tools. See information on purchasing clay and tools above.**

Tuition $85 (each additional child or adult $43)

(YC38) Sat., Sept. 19–Oct. 17
9:00–11:00AM, 5 weeks

(YC39) Sat., Oct. 24–Nov. 21
9:00–11:00AM, 5 weeks

Day Classes for Adults

Handbuilding

For Adults

Megan Ratchford

This course is designed to accommodate all skill levels. Beginning students learn hand-building techniques including pinch, slab and coil methods of construction. Students with previous experience in clay expand on their basic skills and gain further knowledge of clays, firing and surface treatments. Learn through discussion and hands on experience the techniques used throughout history. This class encourages students to keep a journal of their clay experience. See information on purchasing clay and tools above.**

Tuition $60 (includes $10 glaze and firing fee)

(AC78) Thurs., Sept. 17–Oct. 15
9:30–11:30AM, 5 weeks

(AC79) Thurs., Oct. 22–Nov. 19
9:30–11:30AM, 5 weeks

Mold Making

For Adults

Katie Caron

Learn how to incorporate a variety of media into your ceramics practice. Using found objects, metal and clay, students explore ways to communicate ideas and concepts through the mixing of materials. The course explores ways to integrate materials into traditional ways of making ceramics such as coil, slab, and extrusion, wheel throwing and post-fired applications. Students should have a basic knowledge of hand building techniques and an open mind. See information on purchasing clay and tools above. **

Tuition $80 (includes $10 glaze and firing fee)

(AC80) Wed., Sept. 16–Oct. 14
9:30AM–12:30PM, 5 weeks

(AC81) Wed., Oct. 21–Nov. 18
9:30AM–12:30PM, 5 weeks

Clay for Ageless Adults

Arts for Ageless Adults, see page 6.

Intermediate Throwing on the Wheel

For Adults

Connie Christensen

This class is designed for students who have previous wheel throwing experience and wish to expand their skills. Instruction focuses on improving the technical skills needed to develop individual styles. Class critiques, discussion of form, decorative techniques and glazing are included. Students are asked to bring a notebook to class. Firing will be by cone 10 reduction. See information on purchasing clay and tools above.**

Tuition $60 (includes $10 glaze and firing fee)

(AC82) Tues., Sept. 15–Oct. 13
1:00 - 3:00PM, 5 weeks

(AC83) Tues., Oct. 20–Nov. 17
1:00 - 3:00PM, 5 weeks

Turn the page for more Ceramics Classes

Ceramics *Continued*

Animal Sculpture

For Adults

Carla Fletcher

This class focuses on the animal form in sculpture. By making quick sketches in clay, students explore balance, proportion, positive and negative space. Participants then choose one of their "sketches" to enlarge using coil and slab construction. Sculptures are finished using a variety of low fire slips and glazes. See information on purchasing clay and tools above.**

Tuition $60 (includes $10 glaze and firing fee)

(AC84) Thurs., Sept. 17 – Oct. 15
1:00 - 3:00PM, 5 weeks

(AC85) Thurs., Oct. 22 – Nov. 19
1:00 - 3:00PM, 5 weeks

Saggar Firing

For Adults

Bob Smith

Take advantage of this unique opportunity to learn the ancient method of terra sigillata slip and saggar firing. Learn recipes, application methods and firing techniques for this glaze-free firing experience. Students also learn to make their own saggars. Through demonstration and discussion, form and throwing tips are stressed. There will be two firings during the five week class. This class is designed for intermediate and advanced students. See above information on purchasing clay and tools. **

Tuition $80 (includes $10 glaze and firing fee)

(AC86) Mon., Sept. 14 – Oct. 12
1:00 – 4:00PM, 5 weeks

Throwing with Intent

For Adults

Bob Smith

Learn to make the pot you want to make, instead of settling for what you get. This class is for intermediate to advanced level students who wish to gain more control of their throwing skills. This class is also an exploration in learning to see, and further develop, your own personal style. See above information on purchasing clay and tools. **

Tuition $80 (includes $10 glaze and firing fee)

(AC87) Mon., Oct. 19 – Nov. 16
1:00 – 4:00PM, 5 weeks

Evening Classes for Adults

Introduction to Ceramics*

For Adults

Megan Ratchford

This introduction to the field of pottery and ceramics explores the incomparable versatility of clay. This class is designed for the clay beginner but accommodates all skill levels and interests. The course guides you through the methods used throughout ceramic history from the simplest techniques to the most sophisticated. Class focuses on handbuilding skills such as pinch, coil and slab as well as sculptural techniques and an introduction to surface decoration and firing possibilities. See information on purchasing clay and tools above.**

Tuition $80 (includes $10 glaze and firing fee)

(AC88) Mon., Sept. 14 – Oct. 12
6:30 – 9:30PM, 5 weeks

(AC89) Mon., Oct. 19 – Nov. 16
6:30 – 9:30PM, 5 weeks

Introduction to the Potter's Wheel

For Adults

Steven Wood

Designed for the beginning throwing student, this course covers the basics of working with the potter's wheel. Learn to wedge clay, center and throw basic forms. Also included is an overview of the various clay bodies, surface decoration and firing methods. Students should have previous clay experience equivalent to five weeks of Introduction to Ceramics (see above). See information on purchasing clay and tools above.**

Tuition $80 (includes $10 glaze and firing fee)

(AC90) Mon., Sept. 14 – Oct. 12
6:30 – 9:30PM, 5 weeks

(AC91) Mon., Oct. 19 – Nov. 16
6:30 – 9:30PM, 5 weeks

Handbuilding*

For Adults

Bebe Alexander

This class is open to skill levels from intermediate to advanced and is designed for the student who wants to fully explore handbuilding techniques for either functional pottery or non–functional, sculptural forms. This class focuses on the technical aspects of handbuilding, as well as assisting each student in finding and developing their own personal direction in clay. In addition, surface treatment, glaze information and kiln firing are covered. See information on purchasing clay and tools above.**

Tuition $160 (includes $20 glaze and firing fee)

(AC92) Tues., Sept. 15 – Nov. 17
6:30 – 9:30PM, 10 weeks

Intermediate Throwing on the Wheel*

For Adults

Bob Smith

This class is designed for students who have previous wheel-throwing experience and wish to expand their skills. Instruction focuses on improving the technical skills needed to develop each student's own, unique style. Discussion of form, decorative techniques and glazing are covered. Firing will be by Cone 10 reduction. See information on purchasing clay and tools above. **

Supply list: Please bring a note book to class.

Tuition $80 (includes $10 glaze and firing fee)

(AC93) Thurs., Sept. 17 – Oct. 15
6:30 – 9:30PM, 5 weeks

(AC94) Thurs., Oct. 22 – Nov. 19
6:30 – 9:30PM, 5 weeks

Teapots

For Adults

Robin Furuta

Teapots are the most complex and interesting forms for a potter to make. The class addresses the classic challenge of designing and harmonizing parts: lid, spout, handle, and body. Learn how to make these components work together both visually and functionally for a successful teapot. This class is for intermediate and advanced level students. See information on purchasing clay and tools above.**

Tuition $160 (includes $20 glaze and firing fee)

(AC95) Tues., Sept. 15 – Nov. 17
6:30 – 9:30PM, 10 weeks

Raku*

For Adults

Sabrina Willis–Haywood

This class is designed for students who have some previous experience in ceramics. Demonstration and instruction focus on hand–built forms and the raku–firing process, however, wheels are available for students who prefer to throw. Students learn how to make glazes and various surface treatments are covered. There are two firings per class with student participation. See information on purchasing clay and tools above.**

Tuition $80 (includes $10 glaze and firing fee)

(AC96) Thurs., Sept. 17 – Oct. 15
6:30 – 9:30PM, 5 weeks

(AC97) Thurs., Oct. 22 – Nov. 19
6:30 – 9:30PM, 5 weeks

High Fire Salt

For Adults

Megan Ratchford

Exciting things happen with salt firing! Explore the use of washes, slips and glazes for salt firing and the surfaces achieved through the high fire salt technique. This class is open to intermediate to advanced skill levels and the focus is mainly on forms thrown on the wheel. See information on purchasing clay and tools above.**

Tuition $80 + $10 firing fee payable to instructor at first class

(AC98) Wed., Sept. 16 – Oct. 14
6:30 – 9:30PM, 5 weeks

(AC99) Wed., Oct. 21 – Nov. 18
6:30 – 9:30PM, 5 weeks

Advanced Raku

For Adults

Sabrina Willis–Haywood

Designed for students who have some experience in ceramics or are currently enrolled in a class. Sabrina assists with raku firings and shares her vast experience in glazing and the technical aspects of raku. Individual appointments are made throughout the semester. Students are welcome to raku up to six times. A total of 40 firings are sold on a first–come basis. Each firing takes approximately two hours. This is not a class, but a chance to set up individual raku appointments. Call 720–898–7239 to set up an appointment. See information on purchasing clay and tools above.**

Tuition $35 per firing

(AC100) Sept. 14 – Nov. 21
Ten weeks of individual appointments available.

Studio Hours

Monday 9:00AM – 1:00PM
Tuesday 3:00PM – 6:00PM
Wednesday 3:00PM – 6:00PM
Thursday 3:00PM – 6:00PM
Friday 9:00AM – 5:00PM
Saturday 11:00AM – 5:00PM
Sunday 1:00PM 5:00PM

Note: The Arvada Center ceramics studio stays open until 8:00PM on some Friday and Saturday evenings.

Holiday Workshops

Parent/Child Pottery

For Ages 6 - 13 plus Adult

Carla Fletcher

An opportunity for parents and children to work together making functional vessels and whimsical clay objects. The basic techniques of working with clay are covered. Some projects may extend into mixed media. A fun way for families to spend time together. Extended families welcome.

Supply list: Wear old clothes. Most materials provided-students are responsible for providing clay and tools. See information on purchasing clay and tools above. **

Tuition $50 (each additional child or adult $25)

(YC40) Mon. Nov. 23 – Dec. 14
4:30 - 6:00PM, 4 weeks

Bowls

Megan Ratchford

For Adults

Designed for the intermediate to advanced student, this workshop focuses on the bowl form, with emphasis on making sets. Strategies for making bowls for specific uses and functions are demonstrated and discussed. Nesting bowls, matched sets and serving bowls are among the possibilities, along with projects suggested by the participants in the workshop. See information on purchasing clay and tools above. **

Tuition $70

(AC101) Mon., Nov. 23 – Dec. 14
6:30 – 9:30PM, 4 weeks

Mixed Media Ceramics

For Adults

Katie Caron

Learn how to incorporate a variety of media into your ceramics practice. Using found objects, metal and clay, students explore ways to communicate ideas and concepts through the mixing of materials. The course explores ways to integrate materials into traditional ways of making pottery, such as coil, slab, and extrusion, wheel throwing and post-fired applications. Students should have a basic knowledge of hand building techniques and an open mind. See information on purchasing clay and tools above. **

Supply list: Basic pottery tools, mixed media, sketchbook, a camera.

Tuition $70

(AC102) Tues., Nov. 24 – Dec. 15
6:30 – 9:30PM, 4 weeks

Handbuilding

For Adults

Megan Ratchford

This course is designed to accommodate all skill levels. Beginning students learn handbuilding techniques including pinch, slab and coil methods of construction. Students with previous experience in clay expand on their basic skills, and gain further knowledge of clays, firing and surface treatments. Learn through discussion and hands-on experience the techniques used throughout history. This class encourages students to keep a journal of their clay experience. See information on purchasing clay and tools above.**

Tuition $40

(AC103) Thurs, Dec 3 – Dec. 17
9:30 – 11:30AM, 3 weeks

Raku

For Adults

Sabrina Willis Haywood

Designed for students who have previous experience in ceramics. Demonstration and instruction focuses on hand built forms and the Raku firing process, however, wheels are available for students who prefer to throw. Students learn how to make glazes, and various surface treatments are covered. There are two firings per class with student participation. See information on purchasing clay and tools above.**

Tuition $55

(AC104) Thurs., Dec 3 – Dec. 17
6:30 – 9:30PM, 3 weeks

*Credit from Red Rock Community College. See page 2.

Dance

Introductory Dance

Tots Dance

For Ages 3 & 4

Lisa Rebik and Erin Bales

This sampler class explores the basics of ballet and jazz through rhythm, loco-motor skills and developmental exercises using games, make believe and creative movement and is wonderful for children who love music and movement. This class prepares the young dancer for more structured dance classes. Children must have reached their third birthday and be potty trained to participate. Ballet or jazz shoes are required.

Tuition $45

(YD503) Wed., Sept. 2 – Oct. 21
3:00 – 3:45PM, 8 weeks

(YD603) Wed., Oct. 28 – Dec. 16
3:00 – 3:45PM, 8 weeks

(YD504) Thurs., Sept. 3 – Oct. 22
2:45 – 3:30PM, 8 weeks

(YD604) Thurs., Oct. 29 – Dec. 17
2:45 – 3:30PM, 8 weeks

Kinder Dance

For Ages 4 & 5

Peg Emery

This preschool dance class is great for beginners or children who have completed Tots Dance and have reached their fourth birthday. This sampler class explores the basics of ballet, tap and jazz through developmental exercises that teach basic dance positions, steps, rhythm and the foundation of proper placement. Children learn by using games, story telling, creative movement and a variety of music styles. They also learn classroom cooperation, preparing them for more structured dance classes. Ballet or jazz shoes are required and tap shoes are recommended.

Tuition $45

(YD505) Tues., Sept. 1 – Oct. 20
3:45 – 4:30PM, 8 weeks

(YD605) Tues., Oct. 27 – Dec. 15
3:45 – 4:30PM, 8 weeks

Tiny Taps

For Ages 5 & 6

Peg Emery

Young ones love the sounds that taps make and easily and joyfully learn to dance. This class teaches young dancers basic tap steps and rhythms, balance, stretching, gross motor skills, musicality and classroom participation. Tap shoes are required.

Tuition $45

(YD506) Tues., Sept. 1 – Oct. 20
4:30 – 5:15PM, 8 weeks

(YD606) Tues., Oct. 27 – Dec. 15
4:30-5:15PM, 8 weeks

Photo: David Andrews ©2009

Introductory–Ballet

For Ages 5 & 6

This class is for children with no previous ballet training. Students learn basic dance concepts, musicality and classroom cooperation. Focus is on strengthening the young body and increasing coordination, fostering creativity and self–expression, and preparing a foundation for ballet training.

Tuition $55

(YD507) Thurs., 3:30 – 4:15PM (session V)

(YD607) Thurs., 3:30 – 4:15PM (session VI)

(YD508) Sat., 8:45 – 9:30AM (session V)

(YD608) Sat., 8:45 – 9:30AM (session VI)

Introductory–Jazz

For Ages 5 – 6

For children with no previous dance training. Students learn basic movement skills, rhythm, dance positions of arms and legs, and basic dance stretches, as well as classroom cooperation.

Tuition $45

(YD539) Sat., 8:30 – 9:15AM (session V)

(YD639) Sat., 8:30 – 9:15AM (session VI)

The Fine Print for Dance Classes

Fall 2009 Dance Schedule

Our new dance sessions now start every 8 weeks! Dance classes now run for five 8–week sessions and one summer 6 week session throughout the year.

Session V: August 31 – October 24
(no class Labor Day, 9/7)

Session VI: October 26 – December 19
(no class Thanksgiving Day, 11/26)

Winter Break: December 20 – January 3

Instructors

Ballet: Erin Bales, Christina Noel–Adcock, Kathleen Cunningham, Lisi Elsey, Kathryn Wagner, Marlana Qualls, and Nia Wolz

Jazz/Modern: Erin Bales, Andrea Cowles, Russell Canino, Therese Patton-Sanchez, and Lisa Rebik

Tap: Russell Canino, and Peg Emery

Hip Hop: Kelly Boyer, Melissa Boyer and Kevin O'Keefe

Accompanists provided with ballet classes

Stephanie Vinton, Hidemi Matsushita, and Lee Anne Wagerman

Dance Class Tuition

As listed under each class description or $16/individual Ballet, Tap, Hip Hop, Modern or Jazz class or $250/unlimited classes per 8 week session (4 or more classes per week).

Discounts

A 10% discount is available for families. This discount may only be used if registering each family member at the same time.

Scholarships

Limited scholarship support is available. Applications and deadline information are available upon request at the Front Desk.

Introductory classes

Introductory classes are for children 3 through 6 with little or no formal dance training. These classes are designed to teach children the foundations of dance through music, gross motor skills, make believe and props.

Dance Preparatory

Preparatory classes are for children ages 7 to 12 who are ready for more structured training. These classes prepare students for a solid training in dance, laying the foundation of dance through proper technique. Training at this level is disciplined but does not require major time commitments.

Dance Academy

Academy classes are for students 12 through 19 years of age. Students must take an audition or placement class to dance at this level. Students train more intensively and are required to take 2 or more classes per week in ballet and/or jazz.

Performances

Dance students may perform in one to three concerts per year, each student pays a non-refundable performance fee for each concert. There are two parent meetings, one in January and one in February to educate parents about the spring recital process. It is mandatory that parents attend one of these meetings. Costume and fabrics are purchased in February, therefore it is important that casting is finalized at the end of January. Students wishing to participate in the spring recitals must register for the winter and spring classes and commit to regular attendance in class. Students with excessive absences will not be allowed to perform. There are no dance concerts for students only attending summer sessions and adult classes do not perform in the concerts.

Class Placement

To provide maximum continuity in dance education, instructors determine the appropriate class placement for new students and all new students are required to take a placement class. New students may enroll in the class most likely suited to their level of training, and the instructor will observe the student at the first class meeting and assign him/her to the correct level. Students may call the dance coordinator at 720-898-7237 with questions in regards to placement.

Missed Class and Tardiness Policy

Missed classes must be made up within the session. For the student's safety and respect of the teacher and other dancers, tardiness is not allowed. Students who are more than fifteen minutes late to class will not be allowed to take class.

Introductory Dance Dress Code

Girls: leotards with tights, jazz pants or capri length pants. Ballet students may wear a skirt that falls well above the knees over their leotard and tights Hair must be up off the face and neck. Students wear jazz, tap or ballet shoes according to the class they are taking.

Boys: jazz pants or fitted athletic pants and a form _fitting t-shirt. Parents may speak with the teacher at the first class for further information.

Ballet Student Dress Code for Levels I – V

Girls: Pink ballet shoes; pink or black tights with feet; solid–color leotard or unitard without ornamentation; only above–the–knee length skirts; hair worn short or pulled back from the face and neck.

Boys: Black ballet shoes; black tights or snug fitting athletic pants; t–shirt.

Adults: Leotard and tights and ballet slippers, may also wear t–shirt and dance skirt. Excessive jewelry is not allowed in any ballet class.

Jazz and Hip Hop Student Dress Code

Jazz students should wear jazz pants, leotards, jazz shoes and have hair pulled back off the face and neck. Sweats are acceptable for adult classes. Knee pads are recommended for teen and adult students. Hip Hop students should wear athletic style clothes, athletic shoes or jazz sneakers that are worn indoors only and knee pads. Shorts, camisole tops and jeans are not acceptable and are not permitted in class. Excessive or large jewelry is not allowed in any jazz or hip hop class.

Tap Dance Student Dress Code

Students must wear loose fitting athletic style clothing and have hair pulled off face. Jeans are not allowed and Jingle Taps are not recommended.

Photo: David Andrews ©2009

Ballet Preparatory

Level I Ballet

For Ages 7–11

Minimum of one class per week. Class builds upon gross motor skills learned in pre–ballet. Careful attention to body alignment and the use of turnout are incorporated into basic ballet concepts and vocabulary. The 11:30AM class on Saturday is an advanced Level I class and requires teacher approval before enrolling.

Tuition $75

(YD509) Thurs., 4:15–5:15PM (session V)
(YD609) Thurs., 4:15–5:15PM (session VI)
(YD510) Sat., 9:30–10:30AM (session V)
(YD610) Sat., 9:30–10:30AM (session VI)
(YD511) Sat., 11:30AM–12:30PM (session V)
(YD611) Sat., 11:30AM–12:30PM (session VI)

Level II Ballet

For Ages 8–12

Two classes per week strongly encouraged. Additional focus is placed on balance and stability as the student continues to add to the ballet vocabulary. Close attention is also given to musicality. The Tuesday class is an advanced Level II class and requires teacher approval before enrolling.

Tuition $75

(YD512) Tues., 4:00–5:15PM (session V)
(YD612) Tues., 4:00–5:15PM (session VI)
(YD513) Thurs., 4:00–5:15PM (session V)
(YD613) Thurs., 4:00–5:15PM (session VI)
(YD514) Sat., 10:30–11:45AM (session V)
(YD614) Sat., 10:30–11:45AM (session VI)

Ballet Academy

Level III Ballet

For Ages 10–14

Minimum of two classes per week are required (three classes per week encouraged). This class is for students with at least three years of ballet training. Focus is on further development of placement, strength and terminology. Thursday and Friday are advanced Level III classes and require teacher approval and Friday is a beginning pointe class.

Tuition $75

(YD515) Mon., 4:00–5:30PM (session V)
(YD615) Mon., 4:00–5:30PM (session VI)
(YD516) Wed.,4:00–5:30PM (session V)
(YD616) Wed.,4:00–5:30PM (session VI)
(YD517) Thurs., 5:15–6:45PM (session V)
(YD617) Thurs., 5:15–6:45PM (session VI)
(YD518) Fri., 4:00 - 5:30PM (combined with Level IV) (session V)
(YD618) Fri., 4:00 - 5:30PM (combined with Level IV) (session VI)
(YD519) Sat., 11:45AM–1:15PM (session V)
(YD619) Sat., 11:45AM–1:15PM (session VI)

Level IV Ballet

For Ages 12–16

A minimum of two classes per week are required (three classes strongly encouraged). Building upon learned vocabulary, the student now begins to work with more complexity, beats, multiple pirouettes and adagio. Close attention is paid to placement and stability. Pointe work is included on Mondays and Thursdays. Friday is a beginning pointe class. A minimum of four years of training required to audition for this class.

Tuition $80

(YD520) Mon., 5:30–7:00PM (session V)
(YD620) Mon., 5:30–7:00PM (session VI)
(YD521) Tues., 5:15–6:45PM (session V)
(YD621) Tues., 5:15–6:45PM (session VI)
(YD522) Thurs., 5:15–6:45PM (session V)
(YD622) Thurs., 5:15–6:45PM (session VI)
(YD518) Fri., 4:00–5:30PM (combined with level III) (session V)
(YD618) Fri., 4:00–5:30PM (combined with level III) (session VI)

Level V Ballet

For Ages 13–18

A minimum of three technique classes per week are required. Classes are designed to further develop turn out, extension, allegro and fluidity of style and epaulement. Complexity and speed are now added as the student becomes more proficient. Pointe work included in Tuesday and Friday classes. Wednesday is an advanced Level V and requires teacher approval to participate.

Tuition $80

(YD523) Mon., 7:00–8:30PM (session V)
(YD623) Mon., 7:00–8:30PM (session VI)
(YD524) Tues., 6:45–8:15PM (session V)
(YD624) Tues., 6:45–8:15PM (session VI)
(YD525) Wed., 5:30–7:00PM (session V)
(YD625) Wed., 5:30–7:00PM (session VI)
(YD526) Thurs., 6:45–8:15PM (session V)
(YD626) Thurs., 6:45–8:15PM (session VI)
(YD575) Fri., 5:30–7:00PM (session V)
(YD675) Fri., 5:30–7:00PM (session VI)
(YD527) Sat., 12:30–1:45PM (session V)
(YD627) Sat., 12:30–1:45PM (session VI)

Ballet V Variations

For Ages 10–16

Dancers learn variations and corps de ballet work from both the classics, such as Sleeping Beauty and Giselle and works by contemporary artists and ballets such as Theme and Variations. This class is sure to challenge and stretch the dancer's technique and style. Students should plan on taking the technique class proceeding, as no warm up is included in this class.

Tuition $75

(YD528) Thurs., 8:15–9:15PM (session V)
(YD628) Thurs., 8:15–9:15PM (session VI)

Arvada Center Dance Theater Ballet Company

For Ages 12–17

The Arvada Center Dance Theater holds auditions every spring or summer for the following season. Ballet students at levels IV, V and VI are eligible to audition. The Company rehearses several times a week before fall and spring concerts and has several outreach performances annually. The Company members are exposed to a professional company atmosphere and a variety of dance styles from full–length classics to contemporary and historical ballets.

Tuition $80

(YD529) Wed., 7:00–8:15PM (session V)
(YD629) Wed., 7:00–8:15PM (session VI)
(YD530) Fri., 7:00–8:30PM (session V)
(YD630) Fri., 7:00–8:30PM (session VI)
(YD531) Sat., 2:00–4:00PM (session V)
(YD631) Sat., 2:00–4:00PM (session VI)

Ballet for Teens and Adults

Ballet for Ageless Adults

Arts for Ageless Adults, see page 7.

Level I Beginning Adult Ballet

For Ages 13–Adult

This beginning level class covers basic ballet vocabulary and technique and builds movement sequences from simple steps. There are no strict dress requirements and men are welcome.

Tuition $75

(D532) Thurs., 6:45–7:45PM (session V)
(D632) Thurs., 6:45–7:45PM (session VI)

Level II Intermediate Adult Ballet

For Ages 13–Adult

This class is great for adults who have trained earlier in their lives and want to reconnect with ballet and their bodies or for young adults who want to continue their training in a non-competitive atmosphere. Classes include adagio, flowing waltzes, fun petite and grand allegros. Students should have had at least three years of classical ballet training at some point in their lives to get the full experience from this wonderful class.

Tuition $80

(D533) Tues., 8:15–9:45PM (session V)
(D633) Tues., 8:15–9:45PM (session VI)

Turn the page for more Dance Classes

Dance *Continued*

Modern Dance

Beginning Youth Modern

For Ages 7–11

Students focus on the foundations of modern dance in the style of Horton and Graham. Students explore how to shift weight, create shapes, turn and jump, through imagination, props and music. This class is sure to be a new favorite of all aspiring dancers and is well suited to Level I & II ballet and jazz students.

Tuition $55

(YD534) Sat., 9:00–10:00AM (session V)

(YD634) Sat., 9:00–10:00AM (session VI)

Intermediate Youth Modern

For Ages 9–13

This class is for students who are in Level II or III ballet or jazz or completed Beginning Modern. Students build on the foundations of modern dance learned in beginning modern, exploring how to shift weight, create shapes, turn and jump, through imagination, props, music and storytelling. This class is sure to be a new favorite of all aspiring dancers.

Tuition $65

(YD535) Mon., 4:15–5:30PM (session V)

(YD635) Mon., 4:15–5:30PM (session VI)

Intermediate Teen Modern

For Ages 13–18

This class is for dancers who are in level III or IV ballet or jazz. Students focus on Graham and Horton technique at different levels and intensities which develop strength, stamina, balance and performance quality. This is a great class for students who wish to pursue dance beyond high school and need modern dance training for college placement classes.

Tuition $65

(YD536) Sat., 1:45–3:00PM (session V)

(YD636) Sat., 1:45–3:00PM (session VI)

Intermediate Advanced Teen Modern

For Ages 13–18

This class is inspired by a variety of classic and contemporary styles. Students further develop modern elements such as shape, energy, suspend and release, level change, floor movement, and articulation and initiation of movement, balance, fluidity, alignment, strength and flexibility while learning to express themselves through full–bodied movement and music. Dancers should have completed Intermediate Teen Modern Dance or be in Level V or VI ballet or jazz in order to register for this class.

Tuition $65

(YD537) Mon., 4:15–5:45PM (session V)

(YD637) Mon., 4:15–5:45PM (session VI)

Beginning Teen/ Adult Modern

For Ages 15–Adult

This class focuses on the foundations of modern dance in the styles of Horton and Graham. Students explore basics in modern dance such as shifting weight, suspend and release, rhythm, shapes, turns and jumps. Students also learn the joy of expressing themselves through a variety of movement and music styles.

Tuition $65

(D538) Mon., 8:30–9:30PM (session V)

(D638) Mon., 8:30–9:30PM (session VI)

Jazz Preparatory

Level I Jazz

For Ages 7–11

Focus is on careful attention to placement of body and technique. Proper stretching and body isolations, coordination and musicality are emphasized as students learn the foundation steps of jazz.

Tuition $60

(YD540) Wed., 4:15–5:15PM (session V)

(YD640) Wed., 4:15–5:15PM (session VI)

(YD541) Sat., 10:30–11:30AM (session V)

(YD641) Sat., 10:30–11:30AM (session VI)

Level II Jazz

For Ages 8–12

Completion of Jazz Dance I required or audition and teacher approval. This class increases speed of movement and coordination skills by adding complexity to basic movement sequences. Focuses on technique, combinations, turns and introducing steps with turn out. Students are encouraged to take two classes per week.

Tuition $60

(YD542) Wed., 5:15–6:30PM (session V)

(YD642) Wed., 5:15–6:30PM (session VI)

(YD543) Sat., 9:15–10:30AM (session V)

(YD643) Sat., 9:15–10:30AM (session VI)

Jazz Academy

Level III Jazz

For Ages 10–14

Further development of jazz strength, increased difficulty of technique and combinations, turns and jumping exercises are emphasized. The Wednesday class is an advanced level III and requires teacher approval before enrolling.

Tuition $65

(YD544) Mon., 5:30–7:00PM (session V)

(YD644) Mon., 5:30–7:00PM (session VI)

(YD645) Wed., 4:00–5:30PM (session V)

(YD645) Wed., 4:00–5:30PM (session VI)

(YD546) Sat., 10:00–11:30AM (session V)

(YD646) Sat., 10:00–11:30AM (session VI)

Level IV Jazz

For Ages 12–16

Class emphasizes complexity in movement combinations, technique and different styles of jazz. Participants continue learning difficult turns and jumps and begin to focus on performing skills. Students must take two classes per week. The Saturday class is open to ACDT company dancers only and the Friday class is an advanced Jazz IV and requires teacher approval.

Tuition $65

(YD547) Mon., 7:00–8:30PM (session V)

(YD647) Mon., 7:00–8:30PM (session VI)

(YD548) Wed., 6:30–8:00PM (session V)

(YD648) Wed., 6:30–8:00PM (session VI)

(YD549) Fri., 4:00–5:30PM (session V)

(YD649) Fri., 4:00–5:30PM (session VI)

(YD550) Sat., 11:30AM–12:30PM (combined with Level V) (session V)

(YD650) Sat., 11:30AM–12:30PM (combined with Level V) (session VI)

Level V Jazz

For Ages 13–18

This is an advanced jazz dance class for teens who are looking for a high–energy class geared toward technique as well as choreographic styles. A placement class or teacher approval is required to take this level of Jazz. The Saturday class is open to ACDT company dancers only.

Tuition $65

(YD551) Mon., 5:45-7:15PM (session V)

(YD651) Mon., 5:45-7:15PM (session VI)

(YD552) Wed., 5:30–7:00PM (session V)

(YD652) Wed., 5:30–7:00PM (session VI)

(YD553) Fri., 5:30–7:00PM (session V)

(YD653) Fri., 5:30–7:00PM (session VI)

(YD550) Sat., 11:30AM–12:30PM (combined with Level IV) (session V)

(YD650) Sat., 11:30AM–12:30PM (combined with Level IV) (session VI)

Arvada Center Dance Theater Jazz Company Rehearsal

For Ages 12–18

Dancers audition in the spring or summer to be part of the Jazz Dance Company for the following season. The company rehearses several times a week in a professional atmosphere to prepare for two annual concerts at the Arvada Center and community outreach performances. Dancers in levels III–V are eligible to audition.

Tuition $65

(YD554) Mon., 7:15–8:30PM (session V)

(YD654) Mon., 7:15–8:30PM (session VI)

(YD555) Fri., 7:00–8:30PM (session V)

(YD655) Fri., 7:00–8:30PM (session VI)

(YD556) Sat., 12:30–2:00PM (session V)

(YD656) Sat., 12:30–2:00PM (session VI)

Dance sessions now start every 8 weeks!

Fall 2009 Dance Schedule
Session V: August 31 – October 24
(no class Labor Day, 9/7)
Session VI: October 26 – December 19
(no class Thanksgiving Day, 11/26)
Winter Break: December 20 – January 3

Fall Dance Class Tuition
As listed under each class description or $16/individual Ballet, Tap, Hip Hop, Modern or Jazz class or $250/unlimited classes per 8 week session (4 or more classes per week).

Photo: David Andrews ©2009

Jazz for Teens and Adults

Teen Jazz I

For Ages 12 – 16
This class is especially designed for teenage boys and girls who want to dance but don't know where to start. Class begins with the basics of dance, emphasizing terminology, positions, stretches, coordination and simple combinations.

Tuition $60
(YD557) Tues., 7:15 – 8:15PM (session V)
(YD657) Tues., 7:15 – 8:15PM (session VI)

Beginning Adult Jazz

For Ages 16 – Adult
Beginning class for adults with no experience in dance or those who want to try this exciting dance form again. Learn basic positions, stretches, rhythm, isolations and simple combinations.

Tuition $60
(D558) Wed., 8:00 – 9:00PM (session V)
(D658) Wed., 8:00 – 9:00PM (session VI)

Intermediate Adult Jazz

For Ages 17 – Adult
Intermediate jazz is for students with one year or more of dance. This class gets you stretched out and energized. Emphasis is on movement skills, coordination, combinations and technique. The fun and friendly environment is a great place to learn jazz.

Tuition $60
(D559) Wed., 7:00 – 8:15PM (session V)
(D659) Wed., 7:00 – 8:15PM (session VI)

Tap for Children

Tiny Taps

For Ages 5 & 6
Turn to the ArtStart program, page 8

Beginning Youth Tap

For Ages 7 – 11
This class combines the basic concepts of tap, rhythms and syncopations. Students develop balance, gross motor skills, musicality and class room cooperation while experiencing the joys of tap dancing.

Tuition $55
(YD560) Tues., 5:15 – 6:15PM (session V)
(YD660) Tues., 5:15 – 6:15PM (session VI)

Intermediate Youth Tap

For Ages 9 – 14
Students must have two or more years of training or teacher approval to participate in this class. Dancers are introduced to the famous LeTang style of tap. This technique is used by famous dancers such as Liza Minnelli and Savion Glover. Class incorporates warm–ups, progressive routines, complex rhythms and historically important repertoire.

Tuition $55
(YD561) Tues., 6:15 – 7:15PM (session V)
(YD661) Tues., 6:15 – 7:15PM (session VI)

Tap for Teens and Adults

Beginning Teen/Adult Tap

For Ages 13 – Adult
This class is wonderful for the casual dancer or just as a starting place. Students learn the fundamental rhythms of tap through across the floor warm–ups and progressive routines which teach the LeTang system of tap. Each student is challenged at their own level and ability.

Tuition $60
(D562) Mon., 8:30 – 9:30PM (session V)
(D662) Mon., 8:30 – 9:30PM (session VI)

Intermediate Teen/Adult Tap

For Ages 13 – Adult
Students learn the joy of becoming musicians with their feet and how to create tap rhythms to virtually any style of music. The Le Tang technique is taught through choreographed routines that introduce new steps and rhythms. Students must audition to participate in this class.

Tuition $60
(D563) Tues., 8:30 – 9:30PM (session V)
(D663) Tues., 8:30 – 9:30PM (session VI)

Ageless Adult Tap

Arts for Ageless Adults, see page 7.

Hip Hop

Beginning Youth Hip Hop I

For Ages 6 – 8
This class introduces young dancers, both boys and girls, to the excitement of hip hop as well as the history and culture behind this dance style. Dancers learn the foundation of hip hop technique, including proper stretching techniques, locking and popping.

Tuition $60
(YD564) Thurs., 4:15 – 5:15PM (session V)
(YD664) Thurs., 4:15 – 5:15PM (session VI)

Beginning Youth Hip Hop II

For Ages 8 – 12
This class introduces aspiring young dancers, both boys and girls, to the excitement of hip hop. Dancers learn various hip hop techniques such as locking, popping and breaking. Students enjoy dancing several different choreographic styles during the session.

Tuition $60
(YD565) Thurs., 5:15 – 6:15PM (session V)
(YD665) Thurs., 5:15 – 6:15PM (session VI)

Intermediate Youth Hip Hop

For Ages 9 – 11
This high energy class is designed for students with two or more years of dance training or by teacher approval. Students will add to the basics learned in beginning hip hop and be challenged with dance styles and techniques from east to west coast and much more. This class is sure to be one of your all time favorites.

Tuition $60
(YD566) Thurs., 6:15 – 7:15PM (session V)
(YD666) Thurs., 6:15 – 7:15PM (session VI)

Advanced Youth Hip Hop

For Ages 10-15
This high energy class is designed for students who have completed Intermediate Hip Hop and have teacher approval. Students will build upon technique already learned, adding speed and complexity to hip hop from east to west coast and b-boy and b-girl techniques.

Tuition $60
(YD567) Thurs., 7:15 - 8:15PM (session V)
(YD667) Thurs., 7:15 - 8:15PM (session VI)

See page 17 for Classes in Movement, Pilates/Stretch and Yoga

Turn the page for more Dance Classes

Dance *Continued*

Beginning Teen Hip Hop

For Ages 13–17

Teens go crazy over this street style of dance. They learn to lock, pop, break and much more. This class breaks down the basics of hip hop and gives the student a solid foundation for more advanced hip hop styles later. This class fills fast so please register early. No prior dance training required to participate.

Tuition $60

(YD568) Tues., 4:15–5:15PM (session V)

(YD668) Tues., 4:15–5:15PM (session VI)

Intermediate Teen Hip Hop

For Ages 13–17

This class builds on techniques learned in beginning hip hop and helps the dancer further develop their style, speed and hip hop vocabulary. Class is high energy, fast paced and sure to encourage dancers to reach new heights in their dancing.

Tuition $60

(YD569) Tues., 5:15–6:15PM (session V)

(YD669) Tues., 5:15–6:15PM (session VI)

Beginning Adult Hip Hop

For Ages 16–Adult

This class introduces aspiring dancers to the excitement of hip hop. Dancers learn the foundation of hip hop technique, including locking, popping and b–boying and b–girling styles of hip hop. Dancers explore the choreographic styles from east to west coast while learning the background of the rich history and culture that started Hip Hop dance. This class fills fast so please register early. No prior dance training required to participate.

Tuition $60

(D570) Tues., 7:15–8:15PM (session V)

(D670) Tues., 7:15–8:15PM (session VI)

Intermediate Adult Hip Hop

For Ages 16–Adult

This high–energy class is for hip hop dancers with at least two years of dance training. Students have fun being challenged with the current and difficult styles of hip hop and experience styles from east to west coast. Students learn elements of locking, popping, breaking and b–boying and b–girling techniques. This is bound to be one of your favorite classes.

Tuition $60

(D571) Tues., 6:15–7:15PM (session V)

(D671) Tues., 6:15–7:15PM (session VI)

Humanities

Foreign Language

Italian Today

For Ages 16–Adult

Paulette Whitcomb

Learn contemporary Italian including common expressions and vocabulary from computer jargon to everyday language. Students learn from an easy to follow text as well as a lively array of learning exercises and activities from an Italian born instructor. Class includes pronunciation with a generic accent, useful grammar and insights into lifestyle and culture. Beginners and those who have studied before are welcome.

Supply list: Bring a notebook and something to write with. Please purchase *30 Days to Great Italian* (audio CD included) by Ana Stojanovic, 2007 edition. Published by Living Language, a Random House Company. This book is usually available at Barnes & Noble and Amazon.com.

Tuition $95

(AH18) Mon., Oct. 5–Nov. 16
6:30–8:30PM, 7 weeks

Writing

Writing Children's Books–from Concept to Contract

Debra L. Shirley

For Adults

If you have ever wanted to write a children's book or have one started, join us for this practical and informative class. Debra Shirley, author of *Best Friend on Wheels*, shares the tips and tricks she has learned along her publishing journey. From mining for book ideas to receiving your first book contract, this class gives you an overview of the children's book writing and publishing process, as well as specifics such as understanding children's book genres, researching the children's market, query letters and manuscript submissions. Each class includes writing exercises with weekly assignments to get your creative writing juices flowing. Jump-start your own project with creativity sparkers and constructive critique offered in a friendly, nurturing atmosphere. Beginners welcome.

Supply list: Bring writing materials (paper and pen).

Tuition $75

(AH19) Tues., Sept. 29–Oct. 27
6:30–8:30PM, 5 weeks

Arts of the Garden

Japanese Flower Arranging For Adults

Kyoko Kita & Fusa Wakumoto

Explore beginning techniques and design principles of ikebana or flower arranging. Participants work with flowers and greenery brought by the instructor and end up with an arrangement to take home.

Supply list: A shallow container (a casserole dish works well), a florist's frog and a pair of sharp scissors.

Tuition $35 (includes $8 materials fee)

(AH20) Sat., Oct. 17, 9:30AM–12:00Noon

Preserve the Past Through Memoir

Arts for Ageless Adults, see page 6.

Pilates/Stretch and Yoga

Stretch

Mat/Stretch Class

For Ages 13–Adult

Lisi Elsey

This pilates based class is a must for dancers and non–dancers alike. Core strength is the key to better posture, which promotes a healthy back and lessens stress in the shoulders. Conditioning and stretching exercises are also included to make this a well balanced class for both stability and mobility.

Supply list: Please bring a yoga or pilates mat to each class.

Tuition $60 or $16 per individual class

(D572) Thurs., Sept. 3–Oct. 22
7:45–8:45PM, 8 weeks

(D672) Thurs., Oct. 29–Dec. 17
7:45–8:45PM, 8 weeks

Yoga Tuition

Students may register for full session of Yoga classes or $16 per individual class meeting on a space available basis.

Yoga

Parent/Child Yoga

For Ages 5 - 14 plus Adult

April Hunziker

Improve your child's health, balance, flexibility, strength, confidence, concentration and awareness through simple and fun yoga. Practice simple yoga games, animal postures, breathing and relaxation exercises. High energy children can become calm and focused and dull states of mind can be transformed with correct breathing and posture. A fun and healthy way to spend time together with your child.

Supply list: Wear loose and comfortable clothing. It is best not to eat 1½ hours prior to class.

Tuition $70 (each additional child or adult $35)

(YY19) Wed., Sept. 16–Oct. 14
4:30–5:15PM, 5 weeks

(YY20) Wed., Oct. 21–Nov. 18
4:30–5:15PM, 5 weeks

Rejuvenate Yourself with Yoga

Arts for Ageless Adults, see page 6.

Yoga for Beginners

For Adults

April Hunziker

Students explore a systematic, step–by–step, and safe approach to yoga that aims to integrate all the aspects of their being. Yoga promotes the alignment of body, mind, and emotions. Class includes gentle postures, breathing practices and deep relaxation. This helps to gently stretch and relax the muscles and oxygenate the blood and cells which creates a sense of well being and relaxation.

Supply list: Bring one to two blankets and wear loose and comfortable clothing. It is best not to eat 1½ hours prior to class.

Tuition $70 or $16 per individual class

(AY21) Wed., Sept. 16–Oct. 14
6:00–7:30PM, 5 weeks

(AY22) Wed., Oct. 21–Nov. 18
6:00–7:30PM, 5 weeks

Belly Dance and Beyond

For Ages 13–Adult

Sonia Burns

Belly dance is a beautiful dance form that is accessible to a wide range of ability levels. Belly dancing is both low impact and weight bearing and can increase flexibility and strength. This class focuses on different styles of belly dancing from the Middle East and North Africa and incorporates cultural and historical information to enhance the student's learning experience. Belly dancing has become popular internationally recently as it is beautiful, entertaining and physically challenging. The intermediate class is for students with at least one year of belly dance training or by permission from the instructor. Please wear comfortable, form-fitting clothing like leotards and tights.

Tuition $50 or $16 per individual class

(D573) Thurs., Sept. 3–Oct. 22
6:30–7:30PM, 8 weeks (Beginning)

(D673) Thurs., Sept. 3–Oct. 22
7:30–8:30PM, 8 weeks (Intermediate)

(D574) Thurs., Oct. 29–Dec. 17
6:30-7:30PM, 8 weeks (Beginning)

(D674) Thurs., Oct. 29–Dec. 17
7:30-8:30PM, 8 weeks (Intermediate)

Music

Singing Lessons for Youth

For Ages 8–15

Patrice LeBlanc

Each individual lesson is 30 minutes in length and is scheduled between 10:00 a.m. and 2:00 p.m. on Saturdays. Each lesson is structured to build on student's strengths and according to individual needs or requirements. Students learn phrasing through lyric interpretation and develop pitch, tonality, breath control and range.

Supply list: Please bring a blank cassette tape and a music folder to the first lesson.

Tuition $185 + $5 materials fee paid to instructor

(YM55) Sat., Sept. 19–Nov. 21, 10 weeks

Individual Piano Lessons

For Ages 5–Adult

Dr. Linda Pott

Piano lessons are for beginners and intermediate level students. Lessons are 30 minutes in length and are scheduled by appointment with instructor between the hours of 5:00-9:00PM. Lesson times may be extended, according to student's interests, for an additional fee. Instruction fosters each student's unique, innate musical aptitude. Students gain exposure to a wide variety of musical styles. Ear training, music theory, composition, listening, and reading skills progress at the student's pace. If you have prior piano experience, please bring music you enjoy, or would like to learn to play. Students need access to a piano or keyboard to practice each day between lessons.

Supply list: Instructor will recommend music literature as needed.

Tuition $275 + $20 (approx) materials fee paid to instructor

(AM56) Mon., Sept. 14–Nov. 16, 10 weeks

Jazz Piano Individual Lessons

For Ages 6–Adult

Scott Martin

Jazz piano lessons teach the ability to play popular songs from any style of music. Students learn how to create their own arrangements based on their level of skill (including beginners) and be freed from playing only written music. Students are encouraged to bring music they want to play to the lessons (on an ipod, etc) and learn how to play sons by listening to its recording. Lessons are 30 minutes in length and are scheduled between 2:00 and 6:00 p.m. on Saturdays. Lessons are appropriate for all ages and levels from beginning to advanced. Students need access to a piano or keyboard to practice at home between lessons.

Supply List: Bring music manuscript paper and a notebook. Tuition $270

(AM57) Sat., Sept. 19–Nov. 14, 9 weeks

Turn the page for more Music Classes

Music *Continued*

See page 8 for ArtStart Music Classes

Individual Singing Lessons

For Ages 15–Adult

Nanette West

Times arranged with instructor prior to first class. Each individual lesson is 30 minutes in length and is scheduled between 5:30 and 8:30PM on Tuesdays or Wednesdays. Each lesson is structured to build on student's strengths and according to individual needs or requirements. Beginning to advanced students learn or review basic vocal technique including breathing/breath support, diction, relaxation exercises, expressive communication, stage presence and microphone technique (optional). Various vocal styles are explored and repertoire is geared to the individual's ability and preference. Singers, actors and dancers are encouraged to use this time for individual rehearsal, audition, and performance preparation.

Tuition $165 + $5 materials fee paid to instructor

(AM58) Tues., Sept. 15–Nov. 10, 9 lessons

(AM59) Wed., Sept. 16–Nov. 11, 9 lessons

Beginning Guitar Lessons

For Ages 14–Adult

Reece Livingstone

Learn to play the guitar in a fun and supportive environment. Students start by learning easy songs and the chords to play them and then move on to learn melodies and rock and roll riffs. Finger picking, strumming and basic music theory are also covered. Various music styles are played in this class including blues, jazz and rock. Join us and learn how to sound great and have fun playing the guitar.

Supply list: Bring a notebook, pen, an acoustic guitar and capo.

Tuition $105 + $10 materials fee paid to instructor

(AM60) Wed., Sept. 23–Nov. 11
6:00 - 7:30PM, 8 weeks

Great Fun with Great Music Beginning Group Piano

Arts for Ageless Adults, see page 7.

Visual Arts

Classes for Children

Art Immersions for Home School Students

For Ages 6–10

Christie Ann Miller

In these once a month art experiences, home schooled students explore various art and cultural expressions. Multi-cultural Connections will be the focus in September and centers on Hispanic, Asian, African and Middle Eastern Art. Meet the Masters will be the focus in October and the students will compare, contrast and explore famous visual artists and create their own artwork. Found Sound will be the focus in November where students will create and make their own musical instruments. Join us for these fun learning afternoons.

Tuition $25

(YV100) Mon., Sept. 14, 12:00–2:00PM

(YV101) Mon., Oct. 19, 12:00–2:00PM

(YV102) Mon., Nov. 16, 12:00–2:00PM

Cartooning Fun

For Ages 6–15

David Sullivan

Learn about the exciting world of cartooning. Explore the basics of creating your own characters and cartoons including: drawing, inking, story line, lettering and marketing your work. Class concentrates on the basics of character creation and learning the beginning elements of cartoon art while using the tools of a cartoonist. All classes culminate in the publication of student work for other class members. Cartooning is a fun and whimsical way to put your imagination on paper.

Supply list: Bring a paint shirt and a healthy snack.

Tuition $95

(YV103) Tues., Sept. 15–Nov. 17
4:00 - 5:30PM, 10 weeks

Drawing for Kids: Enhancing Creative Abilities

For Ages 5-12

Debra Sanders

Children learn to see the basic shapes that make up all forms and the language of vision. The drawings done with these basic shapes range from abstract and still life to animals. Kids use pencils, pens and colored markers and pastels. As they develop skills in seeing form and space, their ability to draw accurately is enhanced. It has been shown that other skills based on visual perception, like math, reading and spelling are often improved as well and as a result kids often find an increased sense of self-esteem. Class environment is nurturing, non-judgmental and, most importantly, fun.

Supply list: All materials provided. Students should wear old clothes.

Tuition $75

Ages 5-8

(YV104) Tues., Sept. 22–Nov. 10
4:00-5:30PM, 8 weeks

Ages 9-12

(YV105) Tues. Sept. 22–Nov. 10
5:30–7:00PM, 8 weeks

Drawing for Adults

Drawing For People Who Think They Can't

For Adults

Chuck Ceraso

Regardless of how many years' people spend telling themselves they can't draw, it's not true. You can! The ability to draw is natural to everyone, not just the "gifted." The key to bringing out that ability lies in the eyes, not the hands. If you can sign your name, you have all of the manual dexterity needed to draw as well as Rembrandt. What remains is to develop the ability to see. Through the concepts of positive and negative space, contour and design (among others), learn the way of "seeing" that unlocks the ability to draw with accuracy and freedom of expression. Experience the stimulation, personal satisfaction and sense of well being that comes through the process of drawing. The concepts and exercises are given in a way that even children can grasp. You may discover a wonderful pastime that you can enjoy for many years to come.

Supply list: One 18" x 24" newsprint sketch pad (smooth), several sticks of soft vine or willow charcoal (the thickness of a pencil) not compressed charcoal, one set of Crayola colored markers (eight to a box), one felt tip pen, one package (two sticks) of conte crayons in the color sanguine and one kneaded eraser.

Tuition $110

(AV55) Wed., Oct. 7–Nov. 18
5:15 - 7:15PM, 7 weeks

Introduction to Caricature

For Ages 13–Adult

Mike Kloepfer

In this fun and exciting class, students are introduced to the unique art of caricature: exploring humorous exaggeration while maintaining a recognizable likeness/resemblance. Line quality, texture, shading, proportions, shape, angles, simplicity, relationships, "stretch and squash", the Z-stroke–you use these methods and more to create humorous likenesses of faces. Class combines demonstrations with hands on drawing. Enthusiasm and expression grow as the student learns new skills and a fun new way of seeing the world. If you are new to caricature, you get plenty of basics. If you have taken this class before, take your drawing skills to the next level. Basic drawing skills are required.

Supply List: Bring at least 20 sheets of paper, 8 ½ x 11 or larger (drawing paper, sketch books or copier bond paper is acceptable), a B or 2B pencil and kneaded eraser, at least two black markers (Dixon Markette and Shapie fine point pens work well). Optional supplies: a sketch board or clip board.

Tuition $95

(AV71) Tues., Sept. 15–Oct. 13
6:30–9:00PM. 5 weeks

(AV72) Tues., Oct. 20–Nov. 17
6:30–9:00PM. 5 weeks

See page 9 for ArtStart Visual Arts

Painting for Adults

Acrylic Painting for People Who Think They Can't

For Adults

Chuck Ceraso

Surprise yourself with your capacity to paint amazing paintings. This class opens the door to places you didn't know you had inside you. You will discover a freedom and aliveness through the creative process that most people never find. A new movement is emerging, the Daubists, and you can be a member. All that is required is curiosity, openness and a willingness to be free of fear and self-judgment. To see the acrylic paintings that have been done by people with little or no experience go to www.chuckceraso.com and click on the link for the Daubist Movement. You can paint like this too.

Supply list* will be mailed prior to class.

Tuition $110

(AV56) Wed., Oct. 7 – Nov. 18
7:30 - 9:30PM, 7 weeks

Pastel Drawing

For Ages 16 – Adult

David Lukens

This exciting class explores pastels and mixed media drawing methods and materials including various dry and wet application techniques. Each student develops his or her own artistic vision while acquiring an understanding of their unique skills and direction. All subject matter, including still life, portraits, abstract and landscapes are explored. A superb class for teens or adults just to have fun and create eye-catching work. Some projects may extend into mixed media and incorporate oil sticks, acrylics, watercolor or guache. Let your imagination run wild.

Supply list* will be mailed prior to class.

Tuition $120

(AV57) Thurs., Sept. 24 – Nov. 12
7:00 – 9:00PM, 8 weeks

Illustrating Children's Books

For Adults

Shawn Shea

Join us as we explore the art of being the "movie director" of a children's story. Illustrators choose and create characters, point of view and drama from varied perspectives, "directing" the action of stories as they unfold. This class is for students of all levels who want to explore this exciting and satisfying genre. Class covers inside information on the publishing business including working with editors, agents and publishers. Students should come to the first class with an idea of what story they are interested in developing illustrations for. They will create a storyboard for their idea, a book dummy and a finished painting over the course of the class.

Supply list: Bring a 11 x 14 tracing pad, a HB pencil, a kneaded eraser, a ruler and a story idea or concept you want to expand into a picture book. Further supplies needed are discussed at first class.

Tuition $80

(AV58) Tues., Sept. 22 – Oct. 20
7:30 – 9:00PM, 5 weeks

Painting Like the Impressionists

For Adults

Chuck Ceraso

If you've always liked the work of Monet and the impressionists, this workshop is for you! We will do painting exercises first developed by Charles Hawthorne. Hawthorne, Monet's contemporary, started the first school of light and color in the United States in the early 1900s. Ceraso studied with Henry Hensche, Hawthorne's protégée who took over the school when Hawthorne died in 1930. Hensche further developed the teaching methods as well as the impressionist style in his own painting. You will learn to see the three qualities of color and gain an understanding of how light affects the appearance of color. Discover the extraordinary world of light and color.

Supply list* will be mailed prior to class.

Tuition $70

(AV59) Sat., Oct. 24, 12:30 - 5:30PM

Painting Fall Trees in Watercolors

For Adults

Janet Nunn

Colorado has great color in the trees during the fall. Learn how to capture these changing trees in watercolor. During this one day workshop students capture the changing leaves and trees on paper with two different lessons. Janet uses a bright and vibrant method to express the color of the fall season. All levels are welcome to this class.

Supply list* will be mailed prior to class.

Tuition $65

(AV60) Sat., Sept. 26, 9:00AM - 3:00PM

Watercolor and Note Card Workshop

For Adults

Janet Nunn

With the holiday season just around the corner, this is the perfect time for a fun and productive workshop featuring watercolors and note cards. Janet leads participants through a fun morning learning how to paint a set of note cards using various watercolor techniques. Demonstrations on how to paint different scenes followed by a chance to try it yourself is also included. This workshop is open to artists of all abilities. Bring your watercolor paints and brushes. Janet will supply the note cards and various supplies for the different watercolor techniques.

Supply list* will be mailed prior to class.

Tuition $65 + $8 materials fee for box of 30 notecards

(AV61) Sat., Oct. 17, 9:00AM - 3:00PM

*Before purchasing supplies, please call 720-898-7241 to confirm that classes will be held as scheduled.

Capturing Vibrant Fall Colors in Watercolor

For Adults

Teresa Smith

Students paint aspens with a very loose approach using spatter and spray bottles as well as other more traditional approaches to autumn paintings. Color relationships, which make the colors sing, are explored as well as how to add emotional content to their paintings. Other techniques covered are mingling paint on the paper, composition and negative painting. Students also learn how to simplify shapes and create effective designs and about paint application and colors that will transform their work. With Teresa's loose style and paint application techniques, it is virtually impossible to create muddy, overworked paintings. All levels are welcome.

Supply list* will be mailed prior to class or students may pay $25 materials fee to instructor.

Tuition $60

(AV62) Sat., Sept. 19, 9:00AM - 1:00PM

Winter Vignettes in Watercolor

For Adults

Teresa Smith

Create beautiful winter scenes using a vignette style by painting with the white of the paper. In this form of painting, the subject is surrounded by a well designed white space with a focus on color, shape and design. Teresa is well know for her watercolor winter scenes which she sells as holiday greeting cards throughout the country.

Supply list* will be mailed prior to class or students may pay $25 materials fee to instructor.

Tuition $60

(AV63) Sat., Dec. 5, 9:00AM - 1:00PM

Essential Watercolor Applications

For Ages 16 - Adult

Lionel Sanchez

Deepen your knowledge of watercolor technique and composition in this one day workshop. Students explore strong drawing practices, materials and mediums. They then begin painting by applying washes and layering more washes to build up contrast and working toward strong compositions. Students learn about the importance of complimentary colors and how to apply that knowledge to their paintings.

Supply list* will be mailed prior to class.

Tuition $75

(AV64) Sat., Oct. 3, 9:00AM - 3:30PM

(AV65) Sat., Nov. 7, 9:00AM - 3:30PM

Turn the page for more Visual Arts Classes

Visual Arts *Continued*

Jewelry Making

Glass Beads– Lamp Working

For Adults

Lynn Gordon

Join us for an exciting day at the torch creating lamp worked beads. Class teaches beginning bead making basics. Let your imagination run wild. Learn about studio equipment and safety. Students make several beads during the class. Class is held at the NodRog glass blowing studio in Arvada.

Supply list: Bring a sack lunch and wear natural fiber clothing.

Tuition $125 + $20 materials fee payable to instructor

(AV66) Sat., Oct. 24, 10:00AM – 3:00PM

Fiber Arts

Silk Painting Extravaganza

For Ages 14 – Adult

Margaret Hartsook

Silk painting is a fun, exciting way to express yourself with color and sensuous silk fabric. Class covers basic and more advanced techniques involved in silk painting including watercolor and serti techniques. Students work with beautiful, vibrant colored French dyes and create at least two scarves of their own. Students also learn stamping and drawing techniques, how to stretch silk and how to permanently set the dyes (scarves made in class will be steam set after class by instructor and distributed to students the following week). No previous art experience necessary – all levels welcome. All materials provided.

Tuition $80 + $40 materials fee paid to instructor

(AV67) Sat., Oct. 24, 10:00AM – 4:00PM

Easy Knitting for Beginners

For Ages 16 - Adult

Sara Fuentes

Whether you have knit a little or not at all, this class is for you. Students learn about yarn, tools, basic stitches, how to read and modify patterns, cast on, increase and decrease stitches and make a gauge swatch. They then progress to making their own dishcloth. Patterns, needles and yarn are provided for students to complete their first project. They then decide on a more advanced project like a scarf, shawl, sweater or baby afghan and provide their own yarn (patterns provided if needed). Tips on where to purchase beautiful yarn and patterns is also given.

Tuition $80 + $10 materials fee paid to instructor

(AV68) Thurs., Sept. 17 – Nov. 5
6:00 – 7:30PM, 8 weeks

Fiber Art: Tye-Dye and Batik

For Adults

Liz Popoff

Explore the colorful world of fiber art. Students learn several tying techniques and then tye-dye 2-3 pieces of 100% cotton clothing (ideas include t-shirts, shorts, dresses, even underwear). Class also learns the art and history of batik making and creates a beautiful batik using wax resist techniques and using permanent dyes. Join us in this "blast from the past" creative day. Feel free to bring design ideas for your batik project.

Supply List: Bring 2-3 100% cotton articles of clothing.

Tuition $75

(AV69) Sat., Sept. 19, 10:00AM – 4:00PM

Multi Media

Stop Motion Animation

For Adults

Katie Caron

Interested in how to bring the inanimate to life? Stop motion animation is the earliest form of animation and uses still images in a sequence to create action or movement with a drawn or sculpted object. Students learn how to use the program I-Stop Motion, how to manipulate lighting, camera manipulation of clay, wire and other materials.

Supply list* will be mailed prior to first class.

Tuition $120

(AV70) Wed., Sept. 23 – Nov. 11
7:45 – 9:45PM, 8 weeks

Digital Photography Workshop

For Adults

Rick Giase

Explore your digital camera. Learn how to use the settings on your camera and the best times to take pictures Class offers students a thorough explanation and understanding of digital photography workflow. There will be an introductory slide show followed by a session on all the essential functions of a digital single lense reflex (DSLR) camera. Students observe how to download their images to a computer imaging program such as Photoshop for toning, color corrections and enhancement. All areas of photography including lighting, printing and the business of photography are addressed.

Supply List: Bring your DSLR camera

Tuition $65

(AP09) Sat., Sept. 26, 12:00 – 5:00PM

(AP10) Sat., Oct. 24, 12:00 – 5:00PM

*Before purchasing supplies, please call 720-898-7241 to confirm that classes will be held as scheduled.

Instructors

BEBE ALEXANDER, ceramics program coordinator at the Arvada Center, has taught at the Center since 1991. She has been a professional artist for over 20 years. Bebe is an active studio artist whose work focuses mainly on hand built, architectonic sculpture.

ERIN BALES has studied dance and pedagogy with Christina Noel-Adock for thirteen years. She was also a competitive ice skater for fifteen years and a competitive gymnast for twelve years. As an accredited professional ice skater and a certified Level 1 Pilates and yoga instructor, she currently teaches ice skating, ballet, yoga, Pilates, and stretch classes for ice skaters. Simultaneously, Erin is a student and University of Denver majoring in French and Psychology with a minor in Theater.

SONDRA BLANCHARD has been a professional clown for the last ten years, working with the New Pickle Circus, Big Apple Circus Clown Care, and performing her one-woman shows, Fly!Trap and The Box: the virgins are coming. She has studied with such masters as Bill Irwin, Yury Belov, and Jeff Raz. Sondra holds an MFA from Naropa's Theatre: Contemporary Performance program, and is a graduate of the Dell'Arte International School of Physical Theatre.

KELLY BOYER has danced since she was three years old at the Arvada Center taking jazz for 12 years and then hip hop. She has trained with Lisi Elsey, Paula Coffman, Eric Sterkel, Amy Jessop, Tina Bojanowski, and Kelly Mackey to name a few. She danced on the school dance team in high school. Kelly was mentored several years from Paula Coffman before becoming a staff member here at the Arvada Center. Kelly is currently attending the University of Colorado at Boulder majoring in psychology.

MELLISA BOYER has been dancing at The Arvada Center since she was three years old. She spent five years in the Arvada Center Dance Theater Jazz Company training with Tina Meyers, Lisa Rebik, Tobi Johnson-Compton, Lisi Elsey and Julie West. Melissa apprenticed with Paula Coffman in pedagogy of Hip Hop and trained in Hip Hop with Eric Sterkel, Amy Jessop and Kelly Boyer. She is currently pursuing an elementary education teaching degree.

SONIA BURNS has studied with multiple master belly dance instructors and continues to update her dance through continuous study. She has developed a recognizable style that is in demand at themed restaurants, cultural events and other venues that feature belly dancing.

RUSSELL CANINO is a dancer, actor and singer and has produced and performed in shows throughout the country. He was mentored as a dance teacher by Henry LeTang (students include Gregory Hines, Savion Glover, Debbie Allen, and others) and uses the LeTang style when teaching tap. Mr. Canino has performed in Las Vegas and Colorado in numerous commercials, conventions and shows including *Bye Bye Birdie*, *Music Man*, *Kiss Me Kate* and *Oklahoma*!

KATIE CARON'S sculptures were exhibited in Colorado Clay in 2004 and 2006, where she won the Johnson Family Award and the Juror's Award for Excellence. She won first place in *Sculptural Pursuit Magazine* and holds the feature article in the fall 2007 issue. Caron has taught for the Arvada Center's Ceramic, Arts Day and ArtStart programs since 2002. She has an MFA from Cranbrook Academy of the Arts in Michigan. Her current body of work centers on animating props and creating artificial environments.

CHUCK CERASO studied art at the University of Notre Dame, the New Orleans Academy of Fine Arts and with noted impressionist Henry Hensche at the Cape School of Art. His work is in public and private collections throughout the country. Chuck received the Outstanding Young American Award in 1988 and is listed in *Who's Who in America* 1994/1995 edition, as well as *The International Dictionary of Biography*. He also teaches regular classes at the Denver Art Museum as well as in his studio in Lafayette. His work can be seen at his gallery/studio in Lafayette or online at www.chuckceraso.com.

CONNIE CHRISTENSEN is a Denver area potter whose focus is functional, wheel–thrown work. She has been an instructor at the Arvada Center since 1997. Her work has been featured in the magazines *Clay Times* and *Pottery Making Illustrated*, and also in the book, *The Art of Contemporary American Pottery*.

ANDREA COWLES began her dance training at the Arvada Center dancing in both the Ballet and Jazz Companies. She continued her training at the University of Washington where she received her B.A. in dance. Andrea has performed, choreographed and taught both at the school and in the Seattle community.

KATHLEEN CUNNINGHAM has danced at the Arvada Center since 1994. She has been part of the Arvada Center Dance Theatre's Ballet Company since 2006. Kathleen was an apprentice ballet teacher for 2 ½ years under the direction of Christina Noel Adcock. She graduated from Jefferson Academy High School and is currently attending Regis University and studying biology.

LISI ELSEY brings to the Arvada Center 24 years experience as a professional dancer and 15 years as an instructor. Lisi has performed lead roles in both classical and contemporary ballets with Colorado Ballet, Boulder Ballet and Arizona Ballet Theater. Additionally Lisi received her BA in psychology and dance from the University of Arizona and her MA in psychology from Lesley College.

PEG EMERY has studied tap dancing for 11 years under the tutelage of Gene Gebauer, a former Broadway dancer and renowned tap master in Denver and Boulder. Her tap instruction is tailored to suit the needs of senior dancers and young children. Peg regularly performs tap dancing and clogging for senior centers, nursing homes, and community centers in the Denver area.

CARLA FLETCHER has been a valuable member of the Arvada Center ceramics studio for the last eight years, both as a studio assistant and as an Arts Day program instructor. She is known for her animal sculptures, particularly her wonderful sculptures of dogs.

SARA FUENTES has been involved with needlework in one way or another for over 40 years. She has done needlepoint, crewel and repousse' embroidery, knitting and crocheting. Her specialty is knitting and crocheting. Starting out as a child in this area, she progressed from simple shawls to afghans, sweaters, jackets, skirts and even knitted a wedding dress for a friend. More recently, she assisted in the Arvada Center's spring Dance Recitals by knitting and crocheting specialty items for the dancers.

ROBIN FURUTA is a local studio potter in Denver. She received her BFA in ceramics at the Kansas City Art Institute and has been an instructor at the Arvada Center since 1986. Furuta is mainly interested in functional porcelain ware.

DR. LEE GALLUP holds a Ph.D. in improvisational theater from the University of Denver. She is a classically trained actress and director, having directed at the Arvada Center, the Evergreen Chorale, and many other area theaters, where she has also served as dialects coach. She was an associate professor of theater at Loretto Heights College until its demise and has taught classes for years at Metropolitan State College. She is currently adjunct at Red Rocks Community College and has taught classes at the Arvada Center since 1976. She was named one of Colorado's outstanding women in the performing arts by *Network* magazine and is cited in *Who's Who in the West* and in *Who's Who in Entertainment*. She also does private coaching and is considered one of Colorado's best acting teachers.

RICK GIASE was awarded the Pulitzer Prize for news photography in 2003 while on the staff of the *Rocky Mountain News*. His images have appeared in Time, People, Sports Illustrated, *The New York Times* as well as dozens of national and international magazines, newspapers and websites. Rick specializes in editorial, sports, advertising, portrait and wedding photography. He photographs major news events and all local professional sports as the Denver Bureau photographer for the European Pressphoto Agency, the largest wire service in Europe.

LYNN GORDON watched different glassblowers working in her daughter's studio for five years. The passion they exhibited became infectious and she knew that she wanted to experience working with glass but was unable to do furnace work because of the physical demands. She took a class in bead making and found her passion. She quickly set up a studio for bead making/lampworking and studied a variety of lampworking artists to learn a variety of techniques. Lynn is now a member of Glass Artists Fellowship and Glass Art Society.

CHRISTINE HADDON, CIBYF, has been a student of yoga for the past 10 years and is very excited to bring Itsy Bitsy Yoga® to children and their parents. As a mother of two young children, she has seen the benefits of yoga with children first- hand and hopes to inspire others to enjoy this playful, nurturing bond with their children. She completed her certification as an Itsy Bitsy Yoga® Facilitator in Washington DC with Helen Garabedian, IBY Founder.

MARGARET HARTSOOK has a BFA from the University of Oregon and is working on a MA in Art Therapy from Naropa University. She is a working artist in the Boulder area, she is currently painting on silk and creates collages on canvas with the silk images. She is trained in many different visual art traditions and especially enjoys assisting young artists to explore and express themselves through the visual arts.

APRIL HUNZIKER is a certified Integral Yoga instructor and has studied Integral Yoga and world religions for the past 18 years. She has a Master's Degree in Poetry Writing and sings with the local band Cain and April.

KAREY JAMES is the proud mother of four great boys. She received acting training from National Theatre Conservatory at The Denver Center for the Performing Arts, the BFA program at the University of Colorado at Boulder and graduated from Metropolitan State College of Denver with a BA in Speech Communications with an emphasis in theater and education. She has taught in the metro area for the past nine years and with the ArtStart program for the past year.

KYOKO KITA has many years of flower arranging experience. Kyoko is a master teacher of ikebana, which she studied in Tokyo at Japan's Sogetsu School. She taught in Japan for 15 years and has taught in Colorado since 1977. Kyoko is the director of the Colorado Branch of the Sogetsu School where she is responsible for training teachers. She is noted for her knowledge of traditional Japanese culture.

MIKE KLOEPFER is an award winning professional artist with a career spanning three decades. He had done over 8,000 professional caricatures – for collectors from every continent on earth except Antarctica. He has an AA in Commercial Art and received his formal fine art training in the Aristides Classical Atelier at the Gage Academy of Art in Seattle. Mike spent three years training portrait and caricature artists for Kaman's Art Shoppes, Inc. He currently teaches classes, workshops and private students in the Denver area and is the founder of the Caricature Artist's Pow-WOW!, a forum of local and national caricature artists of all levels.

JON KULCZYCKI has been a high school special education teacher in Aurora, Colorado for the last 30 years. He has been making pottery for 32 years and is represented at Foothills Art Gallery in Golden and Gallery AGO in Ouray, Colorado. Jon has taught Crystalline glaze workshops at the Arvada Center, Arapahoe Community College and the Westminster Recreation Center. Jon was featured in the October/November *Pottery Making Illustrated* magazine for his burnished, horse hair and ferric chloride pots. Jon currently is producing Raku, pit fired, and Cone 10 Crystalline pottery.

PATRICE LEBLANC holds an MFA in Musical Theater from Regis University and A BFA from Lorretto Heights. She teaches Musical Theater at Red Rocks Community College and has been performing professionally since 1986 as an actress and musician.

REECE LIVINGSTONE is member of SAG and AFTRA since 1988 and is a working producer, screenwriter, actor and filmmaker. He holds a BA in theater from Colorado State University and an MA in education from California State University. His students have appeared in many television shows and commercials and the films *Man On The Moon* and *Magnolia.* He has been playing guitar for twelve years in many styles and tunings. He is also a successful vocal musician and composer and has been teaching guitar for six years and playing for 14 years.

DAVID LUKENS received his MFA from the Pennsylvania Academy of the Fine Arts and a BFA from the College of Arts and Media at CU Denver. His work has been shown nationally and exhibited in the State Museum of Pennsylvania. He is a working artist with a studio in Denver and enjoys teaching both teenagers and adults.

LAURIE LYNCH holds an MFA in Contemporary Performance from Naropa University. She is a teaching artist in the Denver area. Laurie believes in the power of theater as an expressive tool which is the reason she loves both teaching and performing.

CHRISTOPHER MAIER integrates his artistic careers as a writer/flamenco dancer/storyteller with clinical training and experience as a psychotherapist, helping others to reveal life stories they feel stuck in. His training includes a BA in Theater (UCSC), an MA in Speech (Northwestern) and a MA in Counseling Psychology (Naropa). Whether sharing on-to-one or keynoting to large conferences, his goal is to move the hearts of others to enhance the extraordinary worth of their ordinary stories.

SCOTT MARTIN was a studio musician in NYC, performing with Mariah Carey, Carly Simon and the jazz group Steps Ahead. He has a Masters in Music from CU and a Bachelors from New England Conservatory.

HIDEMI MATSUSHITA is the music co-coordinator at Arapahoe Community College and has a Ph.D. in musicology from Brigham Young University. Hidemi has been an accompanist for ballet classes for several years and has acquired a large library of both familiar and obscure piano scores for ballet. Dr. Matsushita frequently acts as music advisor for the ballet department's many story ballets.

CHRISTIE ANN MILLER has been a Denver area Educator, Artist and Musician for over 30 years, and has been involved at The Arvada Center for the past 7 years as an Arts Day Instructor. She brings a passion for early education art experiences for children to the ArtStart Program and her multicultural approach to teaching embraces a large range of activities for children of all ages. She has taught preschool through high school in the greater Metro area and started her own business, Drumsong, eight years ago as an Enrichment support tool for education and business groups. She graduated from the University of Denver in 1978.

Turn the page for more Instructor Biographies

Instructors *Continued*

JOCELYN MORROW has a Master of Music in Piano Performance and Piano Pedagogy. She also studied Suzuki Pedagogy and was Director of Yamaha Music Education School in Augusta, Georgia. Jocelyn studied piano pedagogy at Columbia Teacher's College as a Steinway scholar. She is the owner/Director of Keyboards For Kids, Inc, an after-school enrichment class provider offering a wide variety of group music classes to over 750 students.

MARIKO MURASE received a Bachelor of Music in Classical Piano Performance and a Minor in Vocal Performance from the Nagoya University of Arts in Nagoya Japan. She also holds a Master of Music in Classical Piano Performance from the University of Denver Lamont School of Music. She works at the Waldorf School providing accompaniment in Eurhythmy classes for children of all ages, The Rocky Mountain Children's Choir, and The Denver Directors Work Shop. In addition, she has a number of gifted private students. Although she teaches students of all ages, she has a special connection with children and is passionate about the development of young people.

GRETCHEN NILSEN received her BA in Theatre from Kean University in New Jersey and has been teaching K-12 performing arts at LeJardin Academy in Kailua, Hawaii for the past six years. She has taught, choreographed and directed countless plays and summer musicals, and has formed several after-school performance groups for grades K-8. In addition, Ms. Nilsen continues to perform on a regular basis, most recently in Henry V in the Hawaii Shakespeare Festival.

CHRISTINA NOEL–ADCOCK has been teaching ballet 37 years, apprenticing first under the tutelage of her grandmother, a former soloist with the Brussels Opera. In 14 years as a professional dancer, Christina performed with Chicago Ballet, Tucson Ballet, San Diego Ballet, Nevada Dance Theater, and Colorado Ballet, performing lead roles in *Nutcracker*, *Swan Lake*, *Giselle* and *La Sylphide* as well as having many roles created for her. She also taught for the companies' schools. Since 1986 Christina has taught ballet at the Arvada Center, and directed and choreographed for the Arvada Center Dance Theater. Presently, Christina is the Dance Coordinator for the Center and directs the Apprentice Teacher program. Many Arvada Center graduates have received dance scholarships from Universities and Conservatories, and several now have professional dance careers.

JANET NUNN is an award-winning watercolorist with a flair for teaching people the fun side of watercolor painting. Janet has conducted demonstrations and workshops for a wide range of audiences, including the Colorado Watercolor Society, Meininger's Fine Art Supplies and several area art guilds. She has been painting for over twenty-five years and teaching watercolor painting for more than five years. Visit Janet's website at www.janetnunnwatercolors.com.

KEVIN O'KEEFE has an extensive background in hip-hop, break dance, and house. Receiving training from the industry's pioneers, such as Clyde Evans, Eric Finn, and Quickstep, Kevin has begun to spread a fire about the history of hip-hop and a vision for where it will go. He has taught at CU Boulder and CSU and has been a guest artist at The Arena in Switzerland, The San Francisco Hip-Hop Festival, the Colorado College Dance Festival, and the Breaking Pointe in Montana. Kevin is a former member of Motion Underground's hip-hop company, EOM. Currently he is the artistic director of True II Form in Boulder and one of the top five finalists at Colorado's best dance crew competition, 2008.

HILLARY OLSON has a BA in Theater from the University of Northern Colorado and has been an actor, teacher and patron of the Denver Metro Arts Community since the age of two. Hillary has taught education programs and classes for The Children's Museum of Denver, Rocky Mountain Theater for Kids, The Arvada Center and The City of Northglenn. She is currently developing new children's art programs through her involvement as a board member for the Northglenn Arts and Humanities Foundation and as a member of the Education Committee for the Imagination Makers Theater Company.

THERESE PATTON-SANCHEZ has 16 years of dance experience and was a company member of the Arvada Center Dance Theater jazz and ballet companies for 6 years. She attended SUNY Purchase's Conservatory of Dance on a full dance scholarship and graduated this past spring. While in college, Therese worked with the Nicholas Andre Dance Theater, Purchase Dance Corps in New York City and performed major roles in Balanchine's *Serenade*, Gerald Arpino's *Valentine*, Nijinska's *Les Noces* and the *Nutcracker*.

LIZ POPOFF received her BA in art at the University of California at Santa Cruz. She is a local ceramic artist and her work is primarily sculpture/raku. She has taught at the Arvada Center since 1997.

JOEY PORCELLI is the author of *Rise and Dine: Breakfast in Denver and Boulder*, *Gyros Journey: Affordable Ethnic Restaurants along the Front Range* and *Take 30: The First Three Decades of the Denver International Film Festival*. She writes screenplays, restaurant reviews and magazine feature articles. Porcelli has worked as a newsletter editor for the Denver Mayor's Office of Arts, Culture and Film, the Lower Downtown District, Inc., and Historic Denver.

LINDA POTT holds a Ph.D. in Music Composition from the University of California-San Diego. Her Masters in Music degree is from the University of Illinois, and her Bachelor of Music degree is from the Lamont School of Music at the University of Denver. She plays piano, accordion, and bassoon. She taught at the University of Wisconsin-Parkside, the Lamont School of Music, and at San Diego University. She has taught music in schools for grades K-12, and teaches private music lessons for adults and children. Linda is a nationally certified teacher of music in piano (MTNA).

MARLANA QUALLS is an alumni of the Arvada Center dance department and teacher training program, under the direction of Christina Noel-Adcock. She has danced on scholarship at Lauridsen Ballet Centre in California, where she studied with Diane Lauridson, Charles Maple, and Alicia Head. She returns to Colorado to perform with Ballet Nouveau and to teach at the Arvada Center.

MEGAN RATCHFORD is the Artist in Residence for the Arvada Center Ceramics Program. She attended Arapahoe Community College and the University of Nebraska, Lincoln, where she completed her BFA in ceramics. She has taught ceramics since 1996 with emphasis in salt fire and raku techniques. In her own work, she focuses on the functional thrown vessel fired in high fire reduction and salt atmospheric kilns.

LISA REBIK began her professional dance career in Los Angeles and has credits in television, movies and theater. She relocated to Colorado to work for the international organization, Up with People, where she held the position of choreographer/associate director. Lisa has taught jazz for the past 25 years and is a choreographer for the Arvada Center Dance Theater Jazz Company.

LIONEL SANCHEZ has been painting for almost 25 years. He is an instructor at Foothills Art Center. Lionel has won numerous awards and his work can be found in corporate and private collections throughout the Southwest US and in Colorado.

DEBRA SANDERS is a native of Colorado who has been working as an artist for over twenty years. Debra has won numerous awards for her multimedia installations, paintings, and photography. Debra is currently a member of the long standing artists cooperative, "Pirate: Contemporary Art," in Denver where she shows her work.

SHAWN SHEA has illustrated 14 children's books from non-fiction science-adventure books to early reader chapter books to mass market picture books. The illustrations from these books vary from fanciful full-color to very realistic black and white line work.

DEBRA L. SHIRLEY is the author of *Best Friend on Wheels* a children's picture book published by Albert Whitman & company and has poetry included in *The Cortland Review*, *Margie: The American Journal of Poetry* and elsewhere. Her short children's play, A Case of Good Scents, was included in the Playwrights Showcase of the Western Region. Visit her web site at DebraShirley.com.

MARC SHULGOLD served as music and dance writer for the *Rocky Mountain News* and has been for nearly 22 years. Prior to that, he worked at the music desk of the *Los Angeles Times* with Pulitzer Prize-winning critic Martin Bernheimer. Marc has contributed articles to numerous national publications and has served as a popular pre-concert speaker at programs by the Colorado Symphony, Colorado Music Festival and other local organizations. He has taught at the Arvada Center for many years and also teaches music courses at the University of Denver's Adult Enrichment program.

BOB SMITH has been a potter for over 35 years, most of that time in Colorado. His popular Raku workshops have been taught at the Arvada Center over a dozen times. A self-taught potter, Bob shows extensively throughout the US, including locally, the Evergreen Fine Art Gallery in Evergreen, Hibberd McGrath Gallery in Breckenridge, and the Kirkland museum in Denver. His classes are full of information, including "secret" recipes, humor, give and take, and perspective.

TERESA SMITH has lived and studied art for over 25 years in Canada and the U.S. She was classically trained in fine arts and has studied with more than 45 instructors including Stephen Quiller, Frank Webb, Mary Todd Beam, Judi Betts, Zoltan Szabo, Nita Engle and Tom Lynch. She is inspired by nature and intuitively creates and paints personal impressions of the environment that surrounds her. Teresa has been selling her art and teaching nationally for several years. Her goal is to emotionally touch others in a positive way through her art.

LINDA STEVINSON has been signing American Sign Language for 20 years with one of her own children, in her profession and as a volunteer. She first learned ASL at the Arvada Center with deaf instructor Dawn Sprouse and followed up with classes at Front Range Community College.

DAVID SULLIVAN is an artist and instructor currently teaching programs for the Arvada Center, the University of Colorado Science Discovery Program and the Denver Zoo as well as drawing workshops for the Denver Museum of Nature and Science.

STEPHANIE VINTON graduated with a Bachelor's of Music degree in Piano Performance. She teaches private piano lessons out of her home and plays for Arvada Center Ballet classes. She has been playing the piano for 25 years and is looking forward to another half century.

VOICES FOR ALL instructors are known for their fun and informative presenting methods. The instructors have many years experience in the Voiceover Industry and are masters at teaching all of the information pertinent to making it in Voice Acting.

LEE ANNE WAGERMAN began her musical career after graduating from the University of Colorado with a degree in music and media. Her career has centered on accompanying for ballet classes and rehearsals, and she is a teacher of both classical and jazz piano technique.

KATHRYN WAGNER has been studying dance for 15 years and was a member of the Arvada Civic Ballet Company for five years, performing and choreographing. She danced the lead in the Arvada Center Civic Ballet's production of *Peter Pan*, as well as a lead in the dance program's production of *The Magic Carpet*. She was assistant dance teacher for three years under the guidance of Eve Brady Tafoya, Lisi Elsey, Meagan McNulty and Christina Noel–Adcock. She is currently a dance instructor for ArtStart and various summer youth camps. She graduated from Regis University with a degree in education and is the co–director of the Arvada Center Dance Theater.

NANETTE WEST is a graduate of Ball State University with a bachelor of music degree in vocal performance and a BA degree in German. She has performed with the Delaware Opera Company, Morrison Opera Company and Empire Lyric Players. She has also performed in oratorio works with the Arapahoe Philharmonic, Denver Chamber Orchestra and several local churches and orchestras. Nanette is a guest soloist with many of the local churches and the Elderhostel division of the Arapahoe Community College.

PAULETTE WHITCOMB was born and reared as Paola–Maria Salto in Rome and has lived in the Denver area since 1966. She is still fluent in Italian and looks forward to teaching in her native language. Her degree is in International Affairs from George Washington University in Washington DC. She is an editor and author.

SABRINA WILLIS–HAYWOOD has worked for the Arvada Center ceramics studio as an assistant for 10 years. Her own ceramic work focuses on handbuilt, raku fired forms.

NIA WOLZ has been involved in dance as a performer, a teacher, and a student for over 20 years. She danced professionally with Colorado Ballet, Nevada Dance Theatre, and Utah Ballet and has appeared in *The Nutcracker, Giselle, Coppelia, Swan Lake* and *Les Sylphides* to name a few. Nia earned a BFA in ballet and a BS in elementary education from the University of Utah. She earned her master's degree in creative arts and learning from Lesley College.

STEVEN WOOD has been a Denver artist since 1988. He studied at Merer University in Macon, Georgia and worked in a number of production studios. This combination of education and experience makes him a successful ceramic artist.

JEAN ZARTNER has an MS in education and has taught social dance in Omaha, Dallas and Denver since 1974. She specializes in making beginning dancers look and feel good. As a former student says, "She teaches with class, intelligence and that twinkle in her eye that makes you want to learn and have fun doing it." Jean is certified in American Smooth and Latin by ADTA (American Dance Teacher Association).

FALL SESSION: August 31 - December 17, 2009

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Fall Dance Concert

Bravo

Arvada Center Dance Theater presents their annual fall concert, Bravo. This family friendly, diverse and eclectic dance concert is sure to please those who love ballet, modern, jazz and lyrical styles of dance.

Fri, Nov 6, 7:00 p.m. and Sat, Nov 7, 2:00 p.m.

$8 Reserved Seating

Front Range Youth Symphony Concert

Fall Concert

Thurs, Oct 29, 7:00 p.m.
$8 General Admission