

# Luncheon Buffets

## The Center Classic

*Arvada Center House Salad*  
*Assorted Dressings*  
*Pasta Salad, Fresh Fruit Display*  
*Cucumber, Tomato, Red Onion with Creamy Dill Dressing*  
*Select Two of the Following Entrees:*  
*Chicken Marsala*  
*Asiago Chicken with Sundried Tomato Cream Sauce*  
*Beef Stroganoff*  
*Flat-Iron Steak with Shitake Mushroom Sauce*  
*Roasted Pork Loin with Portabella Sauce*  
*Garden Vegetable Fettucine with Roasted Tomato Garlic Sauce*  
*Accompanied with*  
*Rice Pilaf, Penne Pasta, or Potato du Jour*  
*Fresh Seasonal Vegetable, Fresh Rolls and Butter*  
*Chef's Assorted Dessert Display*  
*Coffee, Tea, Decaffeinated Coffee*



## The Roma Buffet

*Arvada Center House Salad*  
*Assorted Dressings*  
*Fresh Antipasto Salad*  
*Tomato and Mozzarella Tray with Basil Dressing*  
*Fettuccini Alfredo*  
*Chicken Saltimbocca with Madiera Wine Sauce*  
*Baked Meat and Cheese Lasagna*  
*Seasoned Italian Vegetables*  
*Toasted Garlic Bread Sticks*  
*Fresh Parmesan Cheese*  
*Chef's Assorted Dessert Display*  
*Coffee, Tea, Decaffeinated Coffee*



## South of the Border

*Arvada Center House Salad*  
*Chile Ranch and Cumin Vinaigrette Dressings*  
*Southwest Black Bean and Corn Salad, Tortilla Chips and Salsa*  
*Cheese Enchiladas*  
*Taco Bar with Seasoned Ground Beef*  
*Chicken Fajitas with Sauteed Peppers and Onions*  
*Warm Tortillas and Taco Shells*  
*Refried Beans and Spanish Rice*  
*Traditional Accompaniments and Toppings*  
*Chocolate Cake and Flan*  
*Coffee, Tea, Decaffeinated Coffee*

# Luncheon Buffets

## Arvada Deli Buffet

*Sliced Smoked Turkey, Ham, Roast Beef, and Italian Meats*  
*Sliced Swiss and Cheddar Cheese*  
*Fresh Tomato, Lettuce, and Pickles*  
*Assorted Breads, Deli rolls, and Focciacia*  
*Country Potato Salad, Coleslaw, Pasta Salad*  
*Condiments*  
*Assorted Fruit Pies*  
*Coffee, Tea, Decaffeinated Coffee*

## Asian Buffet

*Spinach and Romaine Lettuce with*  
*Mandarin Oranges, Tomato, Almonds and Rice Noodles*  
*Sesame Vinaigrette and Ranch Dressing*  
*Fruit Salad*  
*Pineapple Teriyaki Chicken*  
*Thai Chile Beef*  
*Potstickers with Plum Sauce*  
*Stir-Fried Vegetables*  
*Fried Rice*  
*Fresh Rolls and Butter*  
*Chef's Assorted Dessert Display*  
*Coffee, Tea, Decaffeinated Coffee*



## Soup and Salad Bar

*Soup du Jour, Tossed Garden Greens, Cauliflower, Broccoli*  
*Carrots, Fresh Sprouts, Garbanzo Beans, Olives, Bacon Bits*  
*Sunflower Seeds and Croutons, Grated Domestic Cheeses*  
*Fruit Display, Pasta Salad, Potato Salad, Rolls and Butter*  
*Chef's Assorted Dessert Display*  
*Coffee, Tea, Decaffeinated Coffee*

## Baked Potato and Salad Bar

*Baked Potato, Texas Chili, Sour Cream, Rolls and Butter*  
*Grated Cheese, Diced Onions, Bacon Bits*  
*Arvada Center House Salad, Assorted Dressings*  
*Fresh Sliced Fruit Display, Assorted Cookies*  
*Coffee, Tea, Decaffeinated Coffee*



## Luncheon Selections



*All entrees are accompanied with Chef's choice of soup or Arvada Center house salad with choice of dressings, Chef's selection of fresh seasonal vegetables, a variety of fresh rolls and butter, and a selection from our dessert list.*

*Beverages offered include coffee, decaffeinated coffee, hot tea, and iced tea*

### **Petite New York Strip Steak**

*Topped with Golden Fried Leeks with Green Peppercorn sauce, Served with Garlic Mashed Potatoes*

### **London Broil**

*Topped with a Sherry and Fresh Shitake Mushroom Sauce, Served with Herb Roasted New Potatoes*

### **Herb Crusted Pork Loin**

*Tender Pork Loin with a Roasted Garlic Brandy Demi-Glace, Served with Creamy Mushroom Risotto*

### **Grilled Fillet of Salmon**

*Grilled Alaskan Salmon Fillet Served with a Tequila Apricot Glaze with a hint of Ginger, Served with Wasabi Mashed Potatoes*

### **Chicken Wellington**

*Tender Chicken Breast Wrapped in Puffed Pastry with a Kendall Jackson Cabernet Sauce and Carmelized Bermuda Onions*

*Served with Herb Roasted New Potatoes*

### **Mediterranean Chicken**

*Boneless Chicken Breast Stuffed with Sundried Tomatoes, Artichokes, Feta cheese, Fennel with Red Pepper Coulis*

*Served with Roasted Garlic Risotto*

### **Asiago Chicken & Pasta**

*Penne Pasta with Grilled Chicken Breast, Mushrooms, Served with an Asiago Cheese and Sundried Tomato Cream Sauce*

### **Chicken del Mar**

*Southwest Seasoned Chicken Breast with Bay Shrimp and Lobster Cilantro Cream Sauce, Served with Lemon Thyme Rice*

### **Chicken Saltimbocca**

*Sautéed Chicken Breast with Prosciutto Ham, Tomatoes and Provolone Cheese with a Madeira Wine Sauce*

*Served with Creamy Onion Risotto*

### **Pollo al Carbon**

*Grilled Marinated Chicken Breast with Tomatillo Sauce and Monterey Jack Cheese, Served with Lime Cilantro Rice*

### **Sliced Roasted Turkey Breast**

*Roasted Turkey with Sage Stuffing, Creamed Whipped Potatoes, and Pan Gravy Served with Cranberry Sauce*

### **Beef Stroganoff**

*Braised Beef Tips with a Classic Mushroom Sauce, Served over Herbed Rice Pilaf*

## **Luncheon Desserts**

*Chocolate Layer Cake*

*Fruit Tart*

*Chocolate Mousse*

*Lemon Chiffon Cake*

*Black Forest Cake*

*Cheesecake with Fruit Sauce*

*Berry Trifle*

*Carrot Cake*

# Luncheon Selections

## Vegetarian Entrees

*All entrees are accompanied with Chef's choice of Soup or Arvada Center house salad with choice of dressings  
Chef's selection of fresh seasonal vegetables, a variety of fresh rolls and butter, and a selection from our dessert list.*

*Beverages offered include coffee, decaffeinated coffee, hot tea, and iced tea.*

## Vegetable Wellington

*Fresh Vegetables and Swiss Cheese Wrapped in Delicate Pastry with Puttanesca Sauce*

## Shells Florentine

*Jumbo Shells with Fresh Ricotta Cheese and Spinach over Roasted Garlic Cream Sauce,  
Topped with Marinara Sauce*

## Vegetarian Lasagna

*Layers of Fresh Vegetables Baked with Ricotta, Mozzarella, and Parmesan Cheese*

## Fresh Fruit Medley

*Fresh Seasonal Sliced Fruit with Honey Yogurt*



## Salads

*All salads are served with a variety of fresh rolls and butter and a selection from our dessert list.*

*Beverages offered include coffee, decaffeinated coffee, hot tea, and iced tea.*

## Arvada Cobb Salad

*Grilled Chicken Breast with Diced Tomatoes, Bleu Cheese, Olives, Hard Boiled Eggs, and Bacon  
Served with Ranch Dressing*

## Santa Fe Salad

*Marinated and Grilled Flat Iron Steak with Black Bean and Corn Cilantro Relish, Roasted Red Peppers and  
Tortilla Strips Served over Tossed Greens with a Chipolte Vinaigrette Dressing*

## Grilled Chicken Salad Mandarin

*Sliced Teriyaki Chicken with Mandarin Oranges and Rice Noodles on a Bed of Romaine Lettuce with a  
Toasted Sesame Seed Dressing*

## Grilled Chicken Caesar Salad

*Sliced Grilled Chicken on Romaine Lettuce, Served with a Creamy Caesar Dressing,  
Parmesan Cheese and Garlic Croutons*

# Luncheon Selections

## Sandwiches

*All sandwiches are served with cookies and brownies  
Beverages offered include coffee, decaffeinated coffee, iced tea, and hot tea.*

### Wrap Sandwich

*Choose Turkey, Grilled Chicken or Portabella Mushroom and Vegetable Served on a Garlic Herb Tortilla  
With Lettuce, Tomato, Onion, and Boursin Cheese Spread. Served with Pasta Salad, Coleslaw, and Fruit Garnish*

### Roast Beef on Foccia

*Sliced Roast Beef with Roasted Red Pepper, Spinach, and Boursin Cheese on Foccia Bread  
Pasta Salad, Coleslaw, and Fruit Garnish*

### Almond Chicken Salad Croissant

*Tender Seasoned Chicken Salad, Served with Pasta Salad, Coleslaw, and Fruit Garnish*

### Deli Plate

*Sliced Roast Beef, Turkey, and Ham, Provolone and Cheddar Cheeses, Assorted Breads and Rolls  
Potato Salad and Coleslaw, Kosher Pickle, Black Olives, Lettuce, and Tomato*



## Boxed Lunches

### Almond Chicken Salad Croissant

*Tender Seasoned Chicken Salad, Served with Pasta Salad, Coleslaw, and Fruit Garnish  
With Lettuce, Tomato and Pickle, Condiments, Whole Fruit, Potato Chips, Chilled Soft Drink, and a Cookie*

### Deli Sandwich

*Assortment of Sliced Roast Beef, Turkey, and Ham, Provolone and Cheddar Cheeses, on Kaiser Roll  
With Lettuce, Tomato and Pickle, Condiments, Whole Fruit, Potato Chips, Chilled Soft Drink, and a Cookie*

### Grilled Chicken Caesar Salad

*Sliced Grilled Chicken on Romaine Lettuce, Served with a Creamy Caesar Dressing,  
Parmesan Cheese and Garlic Croutons, Whole Fruit, Roll and Butter, Chilled Soft Drink, and a Cookie*